

Day/Time (listed in U.S. Eastern Time)	Phone Number	Notes
Tuesday 12:00 AM	(712) 432-0075 507988#	book study: reaching for personal freedom-living the legacies (p-92) also open to professionals / students
Tuesday 06:00 AM	(712) 432-8733 52639#	also open to professionals / students
Tuesday 06:00 AM	(712) 432-8808 2287#	
Tuesday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
Tuesday 08:30 AM	(712) 432-8818 8888#	step eleven also open to professionals / students
Tuesday 09:00 AM	(712) 432-8733 52639#	step one beginners also open to professionals / students
Tuesday 09:00 AM	(712) 432-8773 102584#	also open to professionals / students
Tuesday 11:00 AM	(712) 432-8808 2287#	also open to professionals / students
Tuesday 12:00 PM	(712) 432-8733 52639#	step & tradition
Tuesday 01:30 PM	(712) 432-8818 8888#	step, tradition, concept also open to professionals / students
Tuesday 03:00 PM	(712) 432-8773 52639#	also open to professionals / students

Tuesday 04:00 PM	(712) 432-8733 52639#	step ten also open to professionals / students
Tuesday 06:00 PM	(712) 432-8818 8888#	also open to professionals / students
Tuesday 08:00 PM	(712) 432-8733 52639#	
Tuesday 10:00 PM	(712) 432-8733 52639#	lbgt also open to professionals / students
Wednesday 12:00 AM	(712) 432-0075 507988#	also open to professionals / students
Wednesday 06:00 AM	(712) 432-8733 52639#	also open to professionals / students
Wednesday 06:00 AM	(712) 432-8808 2287#	also open to professionals / students
Wednesday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
Wednesday 08:30 AM	(712) 432-8818 8888#	step eleven also open to professionals / students
Wednesday 09:00 AM	(712) 432-8733 52639#	step two beginners also open to professionals / students
Wednesday 09:00 AM	(712) 432-8773 102584#	also open to professionals / students
Wednesday 10:15 AM	(712) 432-8818 8888#	step eleven also open to professionals / students
	(712) 432-	slogans

Wednesday 11:00 AM	8808 2287#	also open to professionals / students
Wednesday 12:00 PM	(712) 432- 8733 52639#	
Wednesday 03:00 PM	(712) 432- 8773 52639#	also open to professionals / students
Wednesday 04:00 PM	(712) 432- 8733 52639#	also open to professionals / students
Wednesday 06:00 PM	(712) 432- 8818 8888#	also open to professionals / students
Wednesday 08:00 PM	(712) 432- 8733 52639#	beginners mtg
Thursday 12:00 AM	(712) 432- 8733 52639#	also open to professionals / students
Thursday 12:00 AM	(712) 432- 0075 507988#	book study: reaching for personal freedom- living the legacies (p-92)
Thursday 06:00 AM	(712) 432- 8733 52639#	also open to professionals / students
Thursday 06:00 AM	(712) 432- 8808 2287#	
Thursday 08:00 AM	(712) 432- 8773 52639#	also open to professionals / students
Thursday 08:30 AM	(712) 432- 8818 8888#	step eleven also open to professionals / students
Thursday 09:00 AM	(712) 432- 8733 52639#	also open to professionals / students

Thursday 11:00 AM	(712) 432-8808 2287#	also open to professionals / students
Thursday 12:00 PM	(712) 432-8733 52639#	
Thursday 03:00 PM	(712) 432-8773 52639#	also open to professionals / students
Thursday 04:00 PM	(712) 432-8733 52639#	beginners slogans also open to professionals / students
Thursday 06:00 PM	(712) 432-8818 8888#	also open to professionals / students
Thursday 07:00 PM	(712) 432-3900 294001#	also open to professionals / students
Thursday 08:00 PM	(712) 432-8733 52639#	
Thursday 10:00 PM	(712) 432-8733 52639#	also open to professionals / students
Friday 12:00 AM	(712) 432-0075 507988#	book study: reaching for personal freedom- living the legacies (p-92) also open to professionals / students
Friday 06:00 AM	(712) 432-8733 52639#	also open to professionals / students
Friday 06:00 AM	(712) 432-8808 2287#	also open to professionals / students
Friday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
	(712) 432-	

Friday 08:30 AM	8818 8888#	also open to professionals / students
Friday 09:00 AM	(712) 432- 8733 52639#	step three beginners also open to professionals / students
Friday 09:00 AM	(712) 432- 8773 102584#	also open to professionals / students
Friday 11:00 AM	(712) 432- 8808 2287#	book study: opening our hearts, transforming our losses (b-29) also open to professionals / students
Friday 12:00 PM	(712) 432- 8733 52639#	al-anon speakers
Friday 03:00 PM	(712) 432- 8773 52639#	also open to professionals / students
Friday 04:00 PM	(712) 432- 8733 52639#	also open to professionals / students
Friday 06:00 PM	(712) 432- 8818 8888#	beginners mtg also open to professionals / students
Friday 08:00 PM	(712) 432- 8733 52639#	also open to professionals / students
Friday 10:00 PM	(712) 432- 8818 8888#	also open to professionals / students
Friday 10:00 PM	(712) 432- 8733 52639#	also open to professionals / students
Saturday 12:00 AM	(712) 432- 0075 507988#	book study: reaching for personal freedom- living the legacies (p-92) also open to professionals / students
Saturday 06:00 AM	(712) 432- 8733	also open to professionals / students

	52639#	
Saturday 06:00 AM	(712) 432-8808 2287#	also open to professionals / students
Saturday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
Saturday 08:00 AM	(712) 432-8733 52639#	speaker mtg also open to professionals / students
Saturday 08:30 AM	(712) 432-8818 8888#	step eleven
Saturday 09:30 AM	(712) 432-8773 52639#	also open to professionals / students
Saturday 10:00 AM	(712) 432-8733 52639#	book study: paths to recovery traditions (b-24) also open to professionals / students
Saturday 10:00 AM	(712) 432-8773 102584#	twelve steps study also open to professionals / students
Saturday 11:00 AM	(712) 432-8808 2287#	al-anon speakers also open to professionals / students
Saturday 12:00 PM	(712) 432-8733 52639#	
Saturday 01:30 PM	(712) 432-8773 102584#	book study: opening our hearts, transforming our losses (b-29) also open to professionals / students
Saturday 03:00 PM	(712) 432-8773 52639#	book study: from survival to recovery: growing up in an alcoholic home (b-21) also open to professionals / students
Saturday 04:00 PM	(712) 432-8733 52639#	book study: opening our hearts, transforming our losses (b-29)

Saturday 06:00 PM	(712) 432-8733 52639#	step eleven also open to professionals / students
Saturday 08:00 PM	(712) 432-8733 52639#	al-anon speakers also open to professionals / students
Saturday 10:00 PM	(712) 432-8733 52639#	also open to professionals / students
Sunday 12:00 AM	(712) 432-0075 507988#	book study: reaching for personal freedom- living the legacies (p-92) also open to professionals / students
Sunday 06:00 AM	(712) 432-8733 52639#	also open to professionals / students
Sunday 06:00 AM	(712) 432-8808 2287#	also open to professionals / students
Sunday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
Sunday 08:00 AM	(712) 432-8733 52639#	also open to professionals / students
Sunday 08:30 AM	(712) 432-8818 8888#	
Sunday 09:30 AM	(712) 432-8773 52639#	also open to professionals / students
Sunday 10:00 AM	(712) 432-8710 1111#	parents also open to professionals / students
Sunday 11:00 AM	(712) 432-8733 52639#	
Sunday 01:00 PM	(712) 432-8700	book study: opening our hearts, transforming our losses

	984654#	also open to professionals / students
Sunday 02:00 PM	(712) 432-8733 52639#	book study: paths to recovery--al-anon's steps, traditions and concepts (b-24) also open to professionals / students
Sunday 03:00 PM	(712) 432-8773 52639#	also open to professionals / students
Sunday 04:00 PM	(712) 432-8733 52639#	book study: opening our hearts, transforming our losses (b-29) also open to professionals / students
Sunday 04:00 PM	(712) 432-8700 596411#	book study: the dilemma of the alcoholic marriage (b-4) also open to professionals / students
Sunday 06:00 PM	(712) 432-8733 52639#	also open to professionals / students
Sunday 08:00 PM	(712) 432-8733 52639#	
Sunday 08:00 PM	(712) 432-8773 102584#	also open to professionals / students
Sunday 10:00 PM	(712) 432-8818 8888#	also open to professionals / students
Sunday 10:00 PM	(712) 432-8733 52639#	also open to professionals / students
Monday 12:00 AM	(712) 432-0075 507988#	book study: reaching for personal freedom-living the legacies (p-92) also open to professionals / students
Monday 06:00 AM	(712) 432-8733 52639#	also open to professionals / students
Monday 06:00 AM	(712) 432-8808 2287#	also open to professionals / students

Monday 08:00 AM	(712) 432-8773 52639#	also open to professionals / students
Monday 08:30 AM	(712) 432-8818 8888#	step eleven also open to professionals / students
Monday 09:00 AM	(712) 432-8733 52639#	also open to professionals / students
Monday 09:15 AM	(712) 432-8773 102584#	book study: how al-anon works for families and friends of alcoholics (b-22) also open to professionals / students
Monday 11:00 AM	(712) 432-8808 2287#	book study: from survival to recovery: growing up in an alcoholic home (b-21) also open to professionals / students
Monday 12:00 PM	(712) 432-8733 52639#	
Monday 03:00 PM	(712) 432-8773 52639#	also open to professionals / students
Monday 04:00 PM	(712) 432-8733 52639#	beginners literature also open to professionals / students
Monday 06:00 PM	(712) 432-8818 8888#	steps one, two & three
Monday 08:00 PM	(712) 432-8733 52639#	also open to professionals / students