

The RAP

Reaching Al-Anon People

With News of the Delaware Valley

February 2009

Treasurer's Report

January 15, 2009

Expenses

Directory Distribution	57.78
Organizations AFG	100.00
PA Area Assembly	100.00
Rent Friends Hospital	120.00
Website Maintenance	50.00
Other	450.00
Total Expenses	877.78

Income

Balance brought forth	2,837.79
Directories	102.78
Donations	45.00
Total Income	2,985.57
Checking Account	2,107.79
Savings Account	9,890.85
Total Funds	11,998.64

Group Anniversaries/Workshops/Events

Seeking Serenity Anniversary Wed. 7 p.m.
 April 29, 2009 – St. John's – 3rd & Reed –
 Phila., PA 19147 Reed Street entrance.

Step 2 – Came to believe that a Power greater than ourselves could restore us to sanity.

The second step, "Came to believe that a Power greater than ourselves could restore us to sanity," is written in the past tense, as all the Steps, because they state what happened for us when we practiced the program. For some of us a Higher Power has been the only source of love and solace in a long, painful journey. Others of us have prayed for so long without result that we are bitter and suspicious. There are also those among us who have never thought much about whether a God exists, and others still who have experienced abuse and alcoholism within organized religion. Though many members choose to call their Higher Power, God,

some members find a Power greater than themselves in the natural world or in the deep caring of their group.

From Survival to Recover, page 154

Tradition 2 - For our group purpose there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Our enduring strength may lie in the fact that we are a fellowship of equals. No one member, regardless of education, political clout, or professional expertise, is any more valuable to the fellowship than any other member. We are all experts because of our experience, and we are all beginners because our lives are in a constant state of growth and change. Newcomers are as likely as longtime members to utter words that inspire and inform. So we have no reason to look to any one person or small group of people as authorities.

How Al-Anon Works for Families &
 Friends of Alcoholics page 110.

Concept 2 – The Al-Anon Family Groups Have Delegated Complete Administrative and Operational Authority to Their Conference and its Service Arms.

The many Al-Anon groups scattered all over the world hold in their hands the group conscience. But it is evident that, in order to get effective action, the groups must delegate the actual operational authority to chosen service representatives who are empowered to speak and act for them. The group conscience of Al-Anon could not be heard unless a properly chosen Conference were trusted to speak for it in most world service matters.

Al-Anon's Twelve Concepts of Service p-26,
 page 8

AISDV Committee News

The AISDV Website is ready and open to all Al-Anon members. Information about upcoming events, and meeting list are available, address is www.aisdv.org.

Achieves Coordinator

AISDV has a new position that needs to be filled. Our Intergroup is a 5 county area with a great deal of history. This person will gather information, flyers, and organize and preserve it. This is a trail position for one year.

Institutions

Help is needed at Girard Medical Center, 8th and Girard Avenue, Philadelphia, 1st and 3rd Sunday's between 1-2 P.M. Please contact Gabi at 215-921-3861 or Luvstojabber65@aol.com.

Volunteers are needed to answer the phone calls. Anyone interested please contact Robin B. at Robin.2.ball@gsk.com.

The 37th PA AFG Convention is June 5 - 7

Held on the beautiful Gettysburg College Campus in Gettysburg, PA

Alternate District Representatives are members of the Steering Committee with a voice and a vote at all steering committee meetings. GR's attend their district meeting. District 2 has a new DR, Karen G and she needs the names, phone #'s and emails for new GR's. Please contact her at 484-494-3555 or email at kmaglavin@yahoo.com.

RAP Subscription

Each group will receive a complementary RAP this month. It will be sent out every month to those who subscribe. Please stay informed and order The RAP(reaching al-anon people).

How to submit information to the RAP

Information must be received by the 25th day of the month preceding the month in which they should appear. **The next deadline is February 25th for the March issue.**

Mail to: Carla Forrest – 5826 Arch Street Philadelphia, PA 19139. **Email to:** therap000@gmail.com phone 215-476-8178

How to subscribe:

Individual: \$6.00/year (1copy a month)
Email \$3.00/year (1 copy a month)

Groups: \$6.00/year (1copy a month)
\$25.00/year (5 copies a month)
\$40.00/year (10 copies a month)

Mail checks (payable to AISDV) and form to:

Carla Forrest, RAP Coordinator
5826 Arch Street
Philadelphia, PA 191139

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AISDV Steering Committee Members

Chairperson	Madeline Mc
Vice Chairperson	Liz K
Secretary	Kathy L
Asst. Secretary	Maria A
Treasurer	Rosalie S
Asst. Treasurer	Carol S
Alateen Coordinator	Peter M
Public Outreach	Cathy S
Institutions	Gabi R
Literature Coordinator	Denise B
Liaison	
RAP Coordinator	Carla F
Office Coordinator	Naima G D
Directory Coordinator	Joe T
Telephone Coordinator	Robin B

A.I.S.D.V. Meeting Dates

Service Board Meeting
03/19/09: 7:30 PM Friends Hospital
4641 Roosevelt Blvd., Philadelphia
(Parking Lot B)

Go up the stairs to the right of the Crisis Response Center (CRC) door of the hospital; go through the doors to the right.

Steering Committee

02/19/09: 7:30 PM 4021 Walnut Street
Philadelphia, PA 19104 2nd floor rear.

**Let it begin With Me
When anyone, anywhere reaches out
for help, let the hands of Al-Anon and
Alateen always be there and
Let it begin With Me**