

THE RAP

Reaching Al-Anon People

November 2009

Anniversaries/Workshops/Events

November 18th Wednesday Night Center City AFG Anniversary (see flyer)

November 27th Three Legacies AFG 3rd Anniversary (see flyer)

Step Eleven- Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

If we are living by the Al-Anon counsel First Things First, prayer and meditation come before guidance for our decisions. Am I too busy to pray? Have I no time for meditation? Then let me ask myself whether I have been able to solve my problems without help. As I face them day by day, I want to acknowledge my need for His guidance. I will not let this day pass – nor any day from now on without making myself consciously aware of God.

“It is God that girdeth me with strength and maketh my way perfect” (Psalms)

“One Day At A Time” page 177

Tradition Eleven - Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.

Tradition Eleven defines our public relations policy, giving us guidelines for use in making the public aware of Al-Anon and attracting families and friends of alcoholics, while maintaining personal anonymity and protecting the anonymity of AA members. From the earliest days of Al-Anon, we have sought to make recovery available to the widest possible audience through the many avenues of press, radio, television, educational and community institutions and the helping professions.

We have benefited greatly from the exposure that media has provided. Informing the public about our availability and the recovery we have to offer is an essential ingredient of carrying the Al-Anon message to families and friends of alcoholics. How we can best approach these opportunities for Twelfth Step work is addressed in Tradition Eleven.

Defining the difference between attraction and promotion can be difficult. Many members attend their first Al-Anon meeting without the knowledge of family members. They are fearful, embarrassed, unsure if they belong or if Al-Anon can help.

Anonymity assures newcomers that Al-Anon meetings are a safe place. In addition, newcomers arriving at the doors of Al-Anon can't help but notice the calmness and serenity of Al-Anon members. We are people who are coping with the effects of alcoholism by practicing the Al-Anon principles. If a newcomer feels safe and wants what we have – that's attraction.

As we begin to feel the peace and serenity in our own lives, we may become eager to share the program with others: family, friends, the public. The problem is that those who need it don't always want it. We can share our experience, strength and hope with them and be a good example of Al-Anon recovery by practicing its principles in all our affairs.

“Paths to Recovery” page 227

Concept Eleven – The World Service Office is composed of selected committees, executives and staff members.

The WSO decisions are not made by a single person. Concept Eleven is based on the foundation of our Traditions and Steps, which enable the WSO committees to avoid snags that show up in committees at work. When someone is off base, the others can bring in some balance by applying our Traditions and Concepts.

“The Forum” page 29

AISDV Committee News

The AISDV Committee continue to need your help and financial support in order to carry the Al-Anon message to families and friends of alcoholic. Your donations help pay for public service announcements, literature, and the AISDV Website. We appreciate your help and thank you all for your service. Please attend our next meeting. Elections will take place with several positions that need to be filled.

Archives Coordinator – Susan A

Volunteers are needed to help gather, maintain, and organize group information. There will be a flyer with meeting dates for anyone interested in helping out. The archives committee meet at 4021 Walnut Street, 2nd floor rear. Contact Susan at AISDV_Archives@aol.com.

Institutions Coordinator – Gabrielle R

Volunteers are needed to take meetings to institutions. Please see enclosed flyer and contact Gabi at Luv2jabber65@aol.com.

Alateen Coordinator – Peter M

Alateen sponsors are needed. Please contact Peter at 610-687-5413 or pfmurphyIV@gmail.com.

AISDV STEERING COMMITTEE MEMBERS

Chairperson	Madeline Mc
Vice Chairperson	Liz K
Secretary	Kathy L
Asst. Secretary	Audrey F
Treasurer	Rosalie S
Asst. Treasurer	Claudine C
Alateen Coordinator	Peter M
Public Outreach	Cathy S
Institutions	Gabrielle R
Literature Coordinator	Denise B
Liaison	Kim H
RAP Coordinator	Carla F
Office Coordinator	Naima GD
Directory Coordinator	Joe T
Telephone Coordinator	Frances G
Archives Coordinator	Susan A
Website Coordinator	Maria O

A.I.S.V.D Meeting Dates

Service Board Meeting 11/19/09 - 7:30 pm
at the Reformed Church of the Ascension - 1700
West Main Street– Norristown, PA 19403

Steering Committee Meeting

The Steering Committee will not meet in December. Meetings will resume in 2010.

How to submit information to the RAP:

Information must be received by the 25th day of the month preceding the month in which they should appear. The next deadline is November 25th.

Mail to: Carla Forrest – 5826 Arch Street – Philadelphia, PA 19139/ Email to: therap000@gmail.com

How to subscribe to the RAP:

Make check (payable to AISDV) and send it with form below to:

Carla Forrest – 5826 Arch Street – Philadelphia, PA 19139

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Let it Begin With Me
When anyone, anywhere reaches out for
Help let the hands of Al-Anon and
Alateen always be there, and Let It
Begin with Me