Al-Anon Information Service of the Delaware Valley

(215) 222-5244

Districts 1, 2, 3, 4, 5, 7, 19, 20, 32

ANNOUNCEMENTS

AISDV Steering Committee Meeting: Feb. 16 at 7:30 pm, Teleconference

Area World Service Committee Meeting Feb.17 to 19 in Carlisle

4th Step Mtg., Feb 24, 7:30 pm S. Philly AFG, D-2 Alateen at Oaks Anniv., Mar. 4, 7 pm, D-32 Havertown AFG Anniv., Mar. 5, 7 pm, D-4 Solutions Thru Steps Anniv. Mar.7, Noon, D-20 AISDV Serv. Board Mtg., Mar. 15, Norristown Dist. 2 GR Mtg., Mar. 22, 7 pm, 4021 Walnut St. Dist. 4 GR Mtg., Mar. 22, 7:30 pm, Bryn Mawr Northeast AFG 59th Anniv, Mar. 22, 7:30 p, D-1 Darby Colwyn Anniv., Mar. 25, 6 pm, D-5

STEP TWO – Came to believe that a power greater than ourselves could restore us to sanity.

Recently at a meeting I heard someone paraphrase this Step in a way that perfectly described my own experience. "First I came, then I 'came to,' then I came to believe."

The journey toward a Higher Power has been so gradual for me that I have been unaware of much of it. There has been no burst of light, no burning bush – just a gradual clearing of the fog that I lived in before finding recovery in Al-Anon. Like my fellow member, first I came, bringing my body, if not my faith, to Al-Anon. Then, once I was here, slowly I "came to," and eventually, I came to believe that I wasn't alone in the universe. There was and is a force, a drive, an energy that can give me the means to make my life joyous and productive. I need only ask for assistance and keep an open mind. *Courage to Change p. 307*

KEEP AN OPEN MIND

TRADITION TWO – For our group purpose there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

When I began actively participating in my group, I noticed that other members responded to my efforts with encouragement and appreciation. No one insisted I arrange literature in a certain way, perform as Secretary with aplomb and clarity, or prepare the world's finest coffee. Members treated me gently not only out of courtesy, but also out of deference to the Second Tradition: I was functioning as a trusted servant, and no group member was attempting to assume authority by directing or controlling my efforts.

I began to lose my fear of criticism and to speak more easily in contributing to the group conscience. I, too, could take part in expressing the love of a Higher Power in the affairs of my group. I felt encouraged to cooperate as an equal with others. When I Got Busy I Got Better, p. 39, 40

CONCEPT TWO – The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.

It is in Concept Two that we learn how each group has a say in a common experience through its participation in the process of the World Service Conference (WSC) and the many service activities that support it. The key here is to recognize that the responsibility of the World Service Office (WSO) is to carry out the directives of the Conference. Concept Two does not give the WSO the responsibility to solve all the groups' problems nor do the groups have to refer all questions to the WSO. While all decisions of importance must be decided through thorough discussion of the Steps, Traditions and Concepts, there is no need to go to the top for the management of Al-Anon's services. Answers to questions come from each of us as we discuss, research and study the problem we have and look for solutions at the group level. *Paths to Recovery*, pp. 255 & 258

NEED FOR INCREASED DONATIONS

We thank you for your donations, which enable us to provide information to people who need help. Due to the convenience of our website, our directory sales (which are a major funding source) have decreased significantly. Please keep this in mind when making donations to the AISDV. Send donations to AISDV, 4021 Walnut Street, Phila., PA 19104. Please include Group ID number.

AISDV Steering Committee Members

Chairperson, Gabrielle R Vice Chairperson, Lorrie D Secretary, Carla F Asst. Secretary, Pat Treasurer, Janice F Alateen Coordinator, Open Public Outreach Coordinator, Carrie Institutions Coordinator, Tonya R Liaison to PA Assembly, Susan A RAP Editor (Prospective), Irene A Office Coordinator, Claudine C Directory Coordinator, Joseph T Literature Coordinator, Open Telephone Coordinator, Frances G Archives Coordinator, Kimberly M Website Coordinator, Lisa W e-communities Coordinator, Kathy L

Wanted: AISDV needs an Alateen Coordinator. Following is an excerpt from the By-Laws describing the position. Please consider taking on this service commitment. Alateen needs you.

The Alateen Coordinator is responsible for insuring that Alateen groups in the AISDV service area work together on projects and activities benefiting all current and prospective Alateen members. The Coordinator promotes interest in sponsorship for Alateen groups by bringing awareness to Al-Anon members of the fact that Alateen is an integral and equal part of the fellowship. To help make Al-Anon members aware of the need for our children to have the opportunity to use the Alateen program, the Coordinator shall hold sponsor workshops, visit

Alateen Group GRs, keep in touch with Alateen sponsors in the AISDV service area and be in touch with the PA Area Alateen Coordinator. This position must be held by a current Alateen sponsor who has met all the necessary clearances and registration procedures.

The Coordinator may form a committee with as many members as deemed necessary to carry out its duties.

How to submit information to the RAP:

To submit information to the RAP, please mail it to the address below or fill out the form at http://aisdv.org/rap.html to arrive no later than the 20th day of the month for insertion into the following month's RAP. The next deadline is February 20, 2012.

How to subscribe to the RAP: Please make check (payable to AISDV) and mail to RAP, 4021 Walnut St., Phila., PA 19104

Choose Subscription

Individual:

\$12.00 per year (1 copy a month) Snail mail \$ 3.00 per year (1copy a month) Email Online Subscription form: http://aisdv.org/rapsub.html

Group:

\$25.00 per year (5 copies a month) \$40.00 per year (10 Copies a month)

Mailing/Email Address:								



Let it begin with me. When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there. And let it begin with me.