

Al-Anon Anniversaries in October

Abington AFG, D-3 , Sun., Oct. 7, 6:30 pm

Abington Hosp., 1200 Old York Rd
Lenfest Pavilion, Conf. Rms. P & G

Ridley Park Mon. Morning, D-5, Oct. 8, 9 am

Christ Episc. Church, Sellers Ave. & Nevin St., R.P.

Focus on Recovery, D-5, Tues., Oct. 9, 12 noon

Lima Meth. Church, 209 Middletown Road, Lima

Pottstown Wed. Morning AFG, D-32, Oct. 10

10 am, St. John's UCC, High and Price Streets

Greys Ferry AFG, D-2, Wed., Oct. 10, 7 pm

St. Gabriel's Annex Bldg., 30th & Dickenson
Phila. (Entrance on Myrtlewood St.)

Wed. Night AFG Drexel Hill, D-5, Oct. 10, 6:30 pm

Grace Lutheran Church, School Ln. & Edmunds Ave.

West Phila. AFG, D-2, Mon., Oct. 15, 7 pm

AA Clubhouse, 4021 Walnut Street, Phila.

Glenside-Willow Grove AFG, D-3, Tues., Oct. 16

8 pm, St. Peter's Church, 654 N. Easton Road
Glenside (regular meeting on Mondays at 8:30 pm)

Flourtown AFG, D-3, Sat., Oct. 27, 12:30 pm

St. Paul's UCC Church, 440 Bethlehem Pike
(next to Zake's Café Restaurant) Fort Washington

Easy Does It AFG, D-19, Mon., Oct. 29, 7:30 pm

St. Charles Borromeo, Hulmeville Rd. & Rt. 13, Bensalem

Listen and Learn



Speaker/Potluck Meeting

Hope for Today Roxborough AFG, D-2, Oct. 16, 7 pm

Family & Friends Welcome. Bring a Dish to Share
Leverington Presby., 6301 Ridge Ave., Phila.

Meeting Change

Red Fox Wed. Night AFG, D-7, 8 pm

NEW LOCATION: First Baptist Church
415 W. State St., Kennett Square 19349



District 19 Fall Picnic

October 7, 11:30 am

Neshaminy State Park, State Road, Croydon

AISDV Fall Dinner Dance

October 13, 6:00 - 10:00 pm

Williamson Rest., 500 Blair Mill Rd., Horsham

District 7 31st Annual Workshop

October 27, 8 am to 2 pm

Westminster Presby. Chrch, 10 W. Pleasant Grove Rd.
West Chester

District 19 & 20 Workshop

October 27, 8 am to 12:30 pm

Davisville Church, 325 Street Road, Southampton

24th PA Al-Anon Adult Children Conference

October 26-28, Antiochian Village, Ligonier

For more info e-mail paaccweekend@yahoo.com

Or see website at paacweekend.com

Opportunities for Service Institutions Commitments

Neumann University Wellness Fair, D-5, Wed., Oct. 3

Sign up to staff table 10 to 1 pm, outreach@aisdv.com

Girard Medical Center, 8th St. & Girard Ave., Phila.

Sundays, Oct. 7 & 21 from 1 to 2 pm

Malvern Institute IOP Ctr., 17 Ravine Rd., Frazer

Saturdays, Oct. 6, 13, 20, 27, 11:30 am -12 pm

Mirmont Treatment Ctr., 100 Yearsley Mill Rd., Lima;

Saturday, Oct. 13 & 27 from 1:50 to 3 pm

Immaculata Annual Health Fair, D-7, Thurs., Oct. 25

Sign up to staff table 10 to 2 pm, outreach@aisdv.com

See AISDV website calendar to e-mail the Institutions Coordinator for more information.

For submissions to RAP for November, e-mail RAP.aisdv@gmail.com or mail to AISDV office by Oct. 20.

Get Busy and Get Better!

AISDV Elections will be on Nov. 15 at 7:30 pm at the Reformed Church of the Ascension, 1700 W. Main St., Norristown. For information on positions, see the enclosed flyer, or find it on www.aisdv.org.



AISDV Needs You!

Did you ever wish you could get in on local service opportunities? Well here is your chance! Simply go to www.aisdv.org, click on *Service Opportunities*, and fill out the *Volunteer Sign Up Form*.

Business Meetings

AISDV Steering Committee Mtg., Thurs., Oct. 18

7:30 pm, Conference Call

Area World Service Committee (AWSC) Mtg., Nov 2-4

Carlisle, PA

D-4 Group Rep. Mtg., Thurs., Nov. 8, 7:30 pm

Bryn Mawr Community Center

AISDV Service Board & Information Service Reps Mtg.

Thurs., Nov. 15, 7:30 pm Reformed Chch of Ascension

1700 West Main Street, Norristown

D-32 Group Rep. Mtg., Sat., Nov. 17, 10 am

St John's UCC, 315 Gay Street, Phoenixville

Al-Anon's Three Legacies - October

Step Ten – Continued to take personal inventory and when we were wrong promptly admitted it.

*By continually taking a personal inventory, we keep the focus on ourselves, and the things we **can** change. Each day, we acknowledge what we do well, and make amends to ourselves and others for mistakes we make. Step 10 helps us keep our side of the street clean, and in doing so, we are less likely to be wishing futilely for others to change.*

Tradition Ten – The Al-Anon Family Groups have no opinion on outside issues, hence our name ought never be drawn into public controversy.

Isn't it wonderful that Al-Anon has no opinion on outside issues? That way, in our meetings, we focus exclusively on the main issue that we come to the rooms for – recovery from the effects of someone else's drinking. In our personal lives, this Tradition teaches us not to be drawn into public or private controversy that is not our business, and consequently, we are better able to maintain our serenity.

Concept Ten – Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.

Responsibility and authority—we need both to carry out any task efficiently. If I am given responsibility for a project but do not have the authority to make decisions or to marshal the manpower and materials I need, I am unlikely to be very successful. Al-Anon recognizes this problem in the area of service and provides us with the authority to carry out our assigned service responsibilities. There is a balance between what I am asked to do and the where-with-all I am given to do it.

How many of my own projects at home have been less than successful because I assigned a task to someone but then proceeded to micromanage the whole operation? How many others failed because I did not utilize the resources available to me? Did I decide that I could do it all by myself? Did I refuse to turn over tasks to those better able than I to accomplish them?

And, what about double-headed management? It is said that two heads are better than one, but I do not think this applies when the two heads are on one body and each is facing a different direction.

Wisdom from the Rooms

"You can't think your way into right action, you can only act your way into right thinking."

Please subscribe for yourself and your group!

RAP Subscription Order Form

Order on-line @ <http://aisdv.org/rap.html>

Make check payable to AISDV. **Mail to RAP, c/o AISDV, 4021 Walnut St., Phila., PA 19104.** Attn. Groups: Please include WSO Group ID No. on check.

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