



RAP

Reaching AI-Anon People DECEMBER 2023

*A newsletter of the **AI-Anon Information Service of the Delaware Valley (AISDV)**.
Serving parts of Berks, Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties.*

AISDV, 4021 Walnut St., Philadelphia, PA 19104

215-222-5244, aisdv.org

Affected by someone's drinking? Find an AI-Anon meeting at aisdv.org.

PRIMARY PURPOSE OF AISDV: To help families and friends of alcoholics in our service area by sharing experience, strength and hope. We are a service arm of the AI-Anon World Wide Fellowship and the Pennsylvania Area AI-Anon Assembly. For information about AISDV service opportunities such as office work and committee work, call the AISDV office 215-222-5244.

Living Tradition Five at Our Meetings

by Lori F., Pennsylvania Delegate, Panel 61

Our Tradition Five states – **Each AI-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.**

I am grateful for my home group and how I feel there. I know today that the good feeling is rooted in the welcome I receive. We often see an increase in people looking for help this time of year so I encourage groups to check out the AI-Anon '**Welcoming Checklist**'. You may find it helpful to use at your group's business meeting whether your group is meeting in person, electronically or hybrid. It can be downloaded free at > <https://al-anon.org/pdf/welcoming-checklist.pdf>.

Alcoholism is a devastating disease. In AI-Anon, we help ourselves and others by offering the hope of our program and by connecting with each other. It is important that we share our primary purpose, offer literature, keep it simple, and provide a personal touch. This is living Tradition Five at our meetings!

Please continue to consider the AI-Anon basics when striving to give comfort and welcome to our members. The hope we offer may be the magnet that draws others to their next meeting. As you extend the hand of AI-Anon, thank you for your service to our worldwide fellowship and its prospective members.

What Alateen Members Would Tell a Potential Alateen

I would tell them that it's not their parents position, it's theirs; and that it's not a group, it's a community. Also, that it has helped lots of people, including me. I'd tell them about the snacks and say

"I hope you come not for us or your parents or the world; come for you so you can heal. Hope to see you there!" Zoey, District 3

Just come to one meeting. You don't have to do any more than that. And then, at the meeting, I'd tell them they have to come to come 6 more times to decide whether Alateen is for them. Luna, District 20.

Al-Anon Family Group Anniversaries - Best Wishes!

- CONFERENCE APPROVED LITERATURE CIRCLE AFG, 1 YEAR, NOV 12, NARBERTH, DISTRICT 4
- MALVERN LINE ROAD AFG, DEC 4, MALVERN, DISTRICT 7
- STRENGTH IN RECOVERY AFG, 18 YEARS, DEC 14, HILLTOWN, DISTRICT 20

Coming Up

Dec 6: Becoming an AMIAS meeting. First Wednesday every month, 7:00-7:30 pm.

Dec 21: AISDV Steering Meeting, 7:30 pm. Purpose: To create agenda for January Service Board meeting. For Officers, Coordinators, and District Representatives (DRs) or Alternate DRs.

Find details of "Anniversaries" and "Coming Up" on AISDV calendar: <http://aisdv.org/calendar.html>. Other events are listed too, e.g., candlelight meetings, so check it out.

This Month's Step, Tradition, and Concept

Step 12 Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Tradition 12 Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Concept 12 The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.

General Warranties of the Conference

In all proceedings the World Service Conference of Al-Anon shall observe the spirit of the Traditions: (1) that only sufficient operating funds, including an ample reserve, be its prudent financial principle.; (2) that no Conference member shall be placed in unqualified authority over other members; (3) that all decisions be reached by discussion vote and whenever possible by unanimity; (4) that no Conference action ever be personally punitive or an incitement to public controversy; and (5) that thought the Conference serves Al-Anon it shall never perform any act of government; and that like the fellowship of Al-Anon Family Groups which it serves, it shall always remain democratic in thought and action.

CONTACT US <http://aisdv.org/contact.html>

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