



RAP

Reaching Al-Anon People

MAY 2023

*A newsletter of the Al-Anon Information Service of the Delaware Valley (AISDV).
Serving parts of Berks, Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties.*

AISDV, 4021 Walnut St., Philadelphia, PA 19104

215-222-5244, aisdv.org

**Need a meeting? Find a meeting on our website aisdv.org.
Meetings are every day, all day. In person, virtual, or hybrid.**

The purpose of the Al-Anon Information Service
of the Delaware Valley (AISDV)
is to help families and friends of alcoholics.

2nd Annual Queer and Trans Al-Anon Day of Recovery Everywhere (QTADORE), April 29, 2023

***Over a hundred Al-Anon members attended this full-day virtual event titled
“Better Together,” sponsored by the Philadelphia Queer and Trans AFG***

Participants focused on connecting with fellows and deepening recovery through a day of LGBTQIA+ centered Al-Anon speakers, workshops, topic meetings, fellowship and sponsor-focused meetings. As with all Al-Anon events, it was open to anyone affected by alcoholism in a relative or friend. Thank you to the planning team, to everyone who did service, and to everyone who attended. Visit qtadore.org for information on the planning meeting for next year’s event.

Don’t miss the 50th Annual Pennsylvania Al-Anon
Convention, June 9-11, at Susquehanna University.
Fellowship, workshops, speakers, and dance party!
Register today: pa-al-anon.org.

Are you feeling called to service? Positions available at AISDV: Assistant Chair, Assistant Secretary, Directory, Institutions, Literature, and Public Outreach. Call 215-222-5244.

SERVICE BOARD MEETINGS

The Al-Anon Information Service of the Delaware Valley (AISDV) is a link in Al-Anon's service chain. This year's Service Board meeting dates are: 5/18, 9/21, and 11/6. To attend, see zoom link on AISDV calendar (<http://aisdv.org/calendar.html>). Does your home group send an Information Service Representative (ISR) to take part in the Service Board meetings? (Concept 4: *Participation is the key to harmony.*)

- * **Register for the Al-Anon International Convention at al-anon.org. The convention is in Albuquerque, New Mexico, June 29 - July 2, 2023.**
- * **Want to do Al-Anon Public Outreach? Contact your District Representative.**
- * **Want to do service in the AISDV office? Go to <http://aisdv.org/contact.html>.**
- * **Reminder: Use your Al-Anon/Alateen Service Manual. You'll be glad you did.**

THIS MONTH'S STEP, TRADITION, AND CONCEPT

Step 5 Admitted to God, to ourselves, and another human being, the exact nature of our wrongs.

Tradition 5 Each Al-Anon Family Group has but one purpose: to help families and friends of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholics relatives, and by welcoming and giving comfort to families of alcoholics.

Concept 5 The rights of appeal and petition protect minorities and insure that they be heard.

HOW IS YOUR MEETING MEETING?

Covid-19 was the impetus for many groups to meet electronically. Lots of us found help by attending online meetings, and we wish to continue meeting online. Also, lots of us have missed being in the rooms where we accepted a tissue from a member when we started to cry, and we'd like to meet in person again. As the meeting list on the AISDV website shows, many groups are now hybrid meetings. The technology, the equipment, the skills, and the volunteers needed for hybrid meetings can create challenges for our Al-Anon Family Groups. How is your meeting coping? Are you using Al-Anon principles to cope with changes, problems, and conflicts?

CONTACT US <http://aisdv.org/contact.html>

AISDV Officers

Chair - Debbie R
Treasurer - Eric C
Assistant Treasurer - Joanne G
Secretary - Claudia W

RAP Editor

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