



# RAP

Reaching Al-Anon People **OCTOBER 2023**

*A newsletter of the Al-Anon Information Service of the Delaware Valley (AISDV).  
Serving parts of Berks, Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties.*

AISDV, 4021 Walnut St., Philadelphia, PA 19104

215-222-5244, [aisdv.org](http://aisdv.org)

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**WELCOME NEWCOMERS. Find meetings at [aisdv.org](http://aisdv.org)**

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## AL-ANON FAMILY GROUP ANNIVERSARIES

- PARKSIDE, PHILADELPHIA (DISTRICT 2) CELEBRATED THEIR 64<sup>TH</sup> ANNIVERSARY IN SEPTEMBER.
- JUST FOR TODAY, DOYLESTOWN (DISTRICT 20) CELEBRATED 42 YEARS IN SEPTEMBER
- SUNDAY NIGHTERS, PHILADELPHIA (DISTRICT 1) CELEBRATES 46 YEARS OCTOBER 8.
- FOGLIFTERS, NEW HOPE (DISTRICT 19) CELEBRATES 6 YEARS OCTOBER 11.
- PATHS TO PEACE, HARLEYSVILLE (DISTRICT 3) CELEBRATES OCTOBER 13
- WEST PHILLY, PHILADELPHIA (DISTRICT 2) CELEBRATES 30 YEARS OCTOBER 16
- FOCUS ON RECOVERY, MEDIA (DISTRICT 5) CELEBRATES 20 YEARS OCTOBER 24.

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### Coming up

So sorry! Notice of September workshops in Districts 20 and 32 didn't make it into September RAP. Best wishes Districts 20 and 32.

**Oct 7:** Workshop, West Chester, District 7

**Oct 15:** Alateen Cookout, New Britain, Districts 3 and 20.

**Oct 19:** AISDV Steering Committee Meeting. Steering Committee members include Service Board Officers and Coordinators and District Representatives (DR) or their Alternates (Alt-DR)

**Find details of events on AISDV calendar:** <http://aisdv.org/calendar.html>

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## LETTER FROM RALPH H., PA DELEGATE-ELECT 2024-2026

*Dear Al-Anon friends in the AISDV,*

*I am honored to be elected to serve as Pennsylvania's Delegate for Panel 64. The overwhelming support I received at the Assembly touched my heart, and I am grateful for your trust in me. I am excited to serve as the link between Pennsylvania Al-Anon and World Service.*

*The next World Service Conference is April 18-21, 2024, in Virginia Beach, and I look forward to telling you all about it. Till then, please keep me in your prayers, and know that I hold you all in mine.*

*Your friend in service, Ralph H.*

(Ralph currently serves as Alternate Delegate, Panel 61, Pennsylvania Area 48. He's from District 31.)

## **DID YOU KNOW?**

*In 2022, PA Area Assembly accepted electronic-only groups into the Area as AI-Anon Family Groups. At the 2023 Assembly, it was reported that not all Districts in PA have accepted electronic-only groups into their Districts. What about your District? AISDV service area covers Districts 1, 2, 3, 4, 5, 7, 19, 20, 31, and 32.*

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## **Alateen Members Share Why They Keep Coming Back**

I've never had a safe space to share the struggles of my home life. To me, dealing with an alcoholic was a dark secret that could never and would never pass my lips. That was until I walked into my first Alateen meeting. Being around teens with experiences so similar to mine was truly eye opening and allowed me to open up for the first time. That's why I keep coming back for the magic of Alateen. **Mya, District 3**

Without Alateen, you start to fall apart, and my life goes back to the way it used to be (not good). Going to my Alateen meeting every week allows me to keep my serenity which is invaluable in my life. **Luna, District 20**

I keep coming back because no matter how I'm feeling, I will always have support. The friendships made here are better than any of us expected, and it helps us feel safe and secure to share what we feel. **Michael, District 20**

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**AISDV NEWS:** (1) At its September 21 service board meeting, Information Service Representatives (ISRs) voted to amend bylaws to create a permanent office steering committee. This committee will create policies and procedures for running the office. Call 215-222-5244 if you'd like to join the committee. (2) At its November 16 service board meeting, ISRs will nominate and elect new service board officers: Chair, Assistant Chair, Secretary, Assistant Secretary, Treasurer, and Assistant Treasurer.

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✓ **To donate to AISDV, write check to AISDV, Mail to AISDV, 4021 Walnut St., Philadelphia, PA 19104. You can also donate at: [aisdv.org](http://aisdv.org). Thank you individuals and groups for your donations!**

## **THIS MONTH'S STEP, TRADITION, AND CONCEPT**

**Step 10** Continued to take personal inventory and when we were wrong promptly admitted it.

**Tradition 10** The AI-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

**Concept 10** Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.

**CONTACT US** <http://aisdv.org/contact.html>

### **AISDV Officers**

Chair - Debbie R  
Treasurer - Eric C  
Assistant Treasurer - Joanne G  
Secretary - Claudia W

### **RAP Editor**

Isabelle B, [rap@aisdv.org](mailto:rap@aisdv.org)  
4021 Walnut St., Philadelphia PA  
215-222-5244