

# RAP

# Reaching Al-Anon People JANUARY 2024

A newsletter of the **Al-Anon Information Service of the Delaware Valley (AISDV).** Serving parts of Berks, Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties.

AISDV, 4021 Walnut St., Philadelphia, PA 19104

215-222-5244, aisdv.org

## Affected by someone's drinking? Find an Al-Anon meeting at aisdv.org.

PRIMARY PURPOSE OF AISDV: To help families and friends of alcoholics in our service area by sharing experience, strength and hope. We are a service arm of the Al-Anon World Wide Fellowship and the Pennsylvania Area Al-Anon Assembly.

# Coming Soon: "When I Got Busy, I Got Better" An AISDV Service Workshop

Are you interested in learning about service opportunities above group level? Would you like to hear how service has impacted members' personal recovery in Al-Anon?

You're in luck! The AISDV is planning a workshop that will be all about service, coming soon in 2024. Keep an eye out for more information in future RAPs.

We're looking for volunteers to help plan the workshop. If willing to serve, please contact: <a href="mailto:chair@aisdv.org">chair@aisdv.org</a> or come to AISDV Service Board Meeting, 1/18/24, 7:30 pm. Zoom link will be on Calendar at <a href="mailto:aisdv.org">aisdv.org</a>. <a href="mailto:Submitted by Carolyn S, District 2">Submitted by Carolyn S, District 2</a>

#### **Coming Up**

**Jan 13:** 2024 Alateen Winter Workshop, sponsored by AISDV, 3-9pm, North Wales

**Jan 18:** AISDV Service Board Meeting, 7:30 pm. For Information Service Representatives (ISRs), AISDV Officers and Coordinators.

Jan 31: 10th Anniversary Mtg, Upper Perkiomen Valley Solutions for Serenity, District 32

**Feb 9-11:** Pennsylvania Area World Service Committee (PA AWSC) meeting. For District Representatives (DRs), Delegate & Alternate Delegate, Area Officers, Coordinators.

Find details for Coming Up events on AISDV calendar: <a href="http://aisdv.org/calendar.html">http://aisdv.org/calendar.html</a>.

ELECTRONIC AL-ANON FAMILY GROUPS (AFG). As of January 2024, all Districts in AISDV service area are welcoming electronic groups. An electronic AFG is one that meets by phone or a virtual platform (e.g., zoom). An electronic group does not have a physical location but does have a Current Mailing Address (CMA) to receive information and inquiries. Contact your DR for quidelines or more information about electronic groups.

#### Welcome New DRs in AISDV Service Area, Incoming for Panel 64

District 1, Madeline S District 7, Bill M District 2, Kimberly M District 19, Michelle M District 3, Open District 20, Open District 4, MaryBeth L District 31, Open District 5, Tom M District 32, Becky R

#### Save-the-date: 2024 PA State Convention

Progress Not Perfection - It's a Journey June 7-9, 2024, Susquehanna University, Selinsgrove PA More info to follow. Submitted by Barb S, District 18

- NEW AISDV MEETING SCHEDULE: AISDV will hold 6, instead of 4, Service Board meetings a year: in Jan, Mar, May, Jul, Sep, & Nov. The meetings are 3rd Thursday of the month. Will your group be represented at these meetings? For information, call 215-222-5244.
- REVISIONS (v3) to the 2022-2025 Al-Anon/Alateen Service Manual are available in pdf form through your DR.
- ELECTRONIC VERSION of April 2023 World Service Conference Summary is available under Member Resources at al-anon.org.

#### THIS MONTH'S STEP, TRADITION, AND CONCEPT

- Step 1 We admitted we were powerless over alcohol—that our lives had become unmanageable.
- Tradition 1 Our common welfare should come first; personal progress for the greatest number depends upon unity.
- Concept 1 The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon groups.

### CONTACT US <a href="http://aisdv.org/contact.html">http://aisdv.org/contact.html</a>

#### **AISDV Officers**

Chair - Debbie R Assistant Chair - Open Treasurer - Joanne G Assistant Treasurer - Open Secretary and Assistant Secretary - Open

# **RAP Staff**

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