

RAP

Reaching Al-Anon People **September 2024**

*A newsletter of the **Al-Anon Information Service of the Delaware Valley (AISDV)**.
Serving Southeastern Pennsylvania Counties: Berks, Bucks, Chester, Delaware, Montgomery,
Philadelphia, and (part of) Schuylkill.*

AISDV, 4021 Walnut St., Philadelphia, PA 19104

215-222-5244, aisdv.org

PRIMARY PURPOSE OF AISDV: *To help families and friends of alcoholics in our service area by sharing experience, strength and hope. We are a service arm of the Al-Anon World Wide Fellowship and the Pennsylvania Area Al-Anon Assembly.*

AISDV service area includes PA Area Assembly Districts 1, 2, 3, 4, 5, 7, 19, 20, 31, and 32.

FIND AL-ANON AND ALATEEN MEETINGS: <http://aisdv.org/meetings.html>

Coming Up

- Sep 4: Becoming an AMIAS (Al-Anon Member in Alateen Service) information meeting, 7:00 PM, Zoom
- Sep 9: District 20 GR meeting, 6:00 PM, Hatboro
- Sep 14: 65th anniversary celebration, Parkside AFG, 2:00 PM, Zoom, District 2
- Sep 15: Annual District 19 BBQ, 12:00 - 3:00 PM, Silver Lake Park Pavilion, Bristol
- Sep 19: AISDV Service Board Meeting, 7:30 PM, Zoom, for ISRs and AISDV Officers and Coordinators
- Sep 20: 64th anniversary celebration, South Philadelphia AFG, 7:00 PM, Philadelphia, District 2
- Sep 22: Annual District 20 Fall Picnic, 11:00 AM - 3:00 PM, Covered Bridge Park, New Britain
- Sep 25: District 2 GR meeting, 5:45 PM, Zoom
- Oct 5: AISDV Fall Dinner Dance Fundraiser, 4:00 - 9:00 PM, Cannstatter's, Philadelphia

Event details on AISDV calendar: <http://aisdv.org/calendar.html>

Highlights from the 67th Pennsylvania (PA) Area Assembly

by Lori F, Area Chairperson

Home group: Open Mind AFG, Erie, District 12

What a thrill it was for me to be part of this year's Area Assembly! This is my first year as Area Chair. It is such an honor and blessing to serve. Thank you to all who came and to all who helped plan and put on the Assembly. Here are a few highlights from this year.

Our Area Assembly was held August 16 - 18 at the Harrisburg Hilton. It is the largest group conscience in Pennsylvania where groups from all over the state send their Group Representatives (GRs)

to express their voice and vote on matters, hear reports, and participate in many opportunities to shine! Out of the 230 attendees, 174 were GRs! I am so grateful for the service participation in PA.

At this year's Assembly our guest speaker from the World Service Office was Sue P, Associate Director, Group Service. What a treat to have Sue with us to help give a presentation with Ralph H., our Delegate, and to share her personal recovery story.

The workshops are always a big hit and this year was no different! Our three workshops were on Sponsorship, the Service Manual, and the Twelve Concepts of Service.

The main motions for this Assembly was to approve the Treasurer's Report and pass the 2025 budget for the PA Area. I am happy to report that all three treasury motions passed.

For me, one of the biggest highlights was the election of three new District Representatives (DRs)! At the Assembly the GRs of three unrepresented Districts held caucuses and each elected a DR. Join me in welcoming to Area service: Jen C (District 20), Erin S (District 31), and Heidi H (District 27). Congratulations to those three Districts and to their new District Representatives!

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**Get Your AISDV
Dinner Dance
Tickets!**

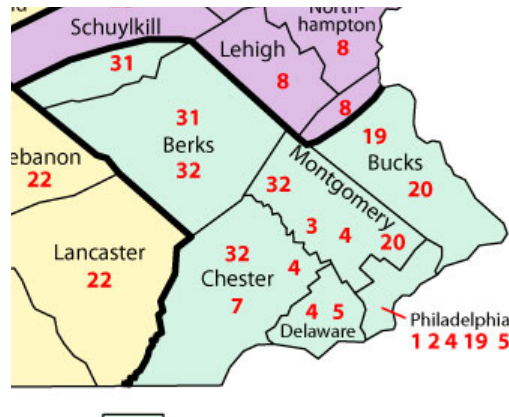


SPECIFIC PURPOSES OF AISDV

- 1. To encourage unity of purpose and growth of individual Al-Anon groups in the service area, the Greater Delaware Valley of Pennsylvania.*
- 2. To provide information and serve as a resource to anyone seeking help with problems connected with an alcoholic relative or friend.*
- 3. To serve as the communications center for the individual member groups with respect to matters of policy, publicity, and interest.*
- 4. To promote the Twelve Steps, Twelve Traditions and Twelve Concepts of Al-Anon in the service area.*
- 5. To establish and maintain a central business office as a clearing house for Al-Anon activities.*

AL-ANON DISTRICTS IN AISDV SERVICE AREA

This map shows the seven counties (Berks, Bucks, Chester, Delaware, Montgomery, Philadelphia, and Schuylkill) and ten Al-Anon districts (1, 2, 3, 4, 5, 7, 19, 20, 31, & 32) that are in AISDV's service area. Red numbers inside county boundaries represent Al-Anon districts. The AISDV office is located in the City of Philadelphia (Philadelphia County), District 2.



Can You Help AISDV by Standing for A Service Position?

Currently needed: (1) Secretary, (2) Assistant Secretary, (3) Assistant Treasurer, (4) Office Coordinator, and (5) Institutions Coordinator. **Call AISDV at 215-222-5244.**

Would you like to be AISDV's *RAP* Editor for 2025-2026? The current Editor's term ends December 31, 2024. AISDV election for this position takes place November 21, 2024.

LITERATURE COORDINATOR CORNER

by Claudia W, AISDV Literature Coordinator

Home group: Sunday Nighters AFG, Philadelphia, District 1

There is an abundance of Al-Anon Conference Approved Literature (CAL) to purchase, but what about free material? Turns out there is free online CAL.

CAL is written or audiovisual material that has been approved for publication. A rigorous review resulting in a World Service Conference Al-Anon Family Groups Seal ensures the Al-Anon message is consistent worldwide.

The Al-Anon Family Groups website (al-anon.org) has free downloadable items, such as bookmarks, pamphlets, and a 28-page magazine titled "Help and Hope." There is also information on topics such as detachment, and history and facts on Al-Anon and Alateen.

An Al-Anon Family Groups Mobile App is available for your smart phone now as well. You can use the app to read a select amount of CAL for free. With this app, you can also access materials that answer questions about Al-Anon. For example, there's *Al-Anon/Alateen Service Manual*, *Groups At Work*, and a resource on safety called "Let's Talk About Safety in Al-Anon Meetings."

Concept 9: Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership

by Kate R, District 5

Home group: Riverview Step AFG, Electronic Meeting

In thinking about concept 9, I turned to Al-Anon's Service Manual and read Bill W's essay titled "Leadership." He wrote it for a 1959 issue of the *A.A. Grapevine*. In it he says,

A leader is a person who can put principles, plans, and policies into such dedicated and effective action that the rest of us want to back him up and help him with his job. When a leader is power-driven, we rebel; when he is just an order-taker and exercises no judgment of his own, he isn't a leader at all.

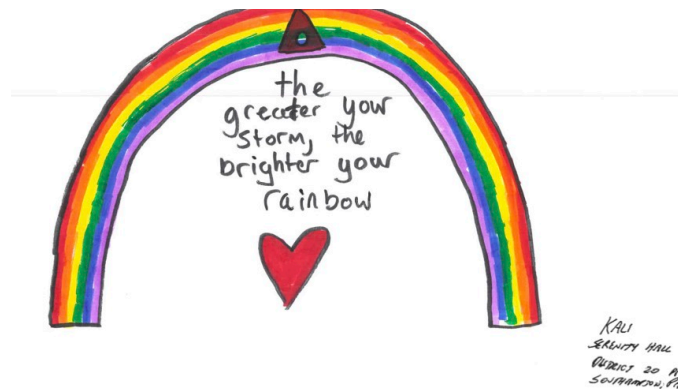
I believe personal leadership exhibits humility and vision. Humility, which is a perpetual quietness in the heart, helps us see our true perspective. When I was GR, it was vital to be still before and after business meetings. The more I seek Higher Power, the easier it is for me to process decisions and work with others.

Vision, according to Bill W, is "the ability to make good estimates, both for the immediate and for the more distant future." He also explains "one day at a time" as meaning that our mental and emotional lives are not to mope over the past nor daydream about future.

Even though I do not have experience at the world service level, it is my hope that the Board of Trustees have developed the skills of being humble and living in the moment. As we finish 2024, may our leaders have a vision that creates the best possible future for our fellowship.

Created at NOMAAC, July 12-14, 2024
(Northern Mid-Atlantic Alateen Assembly and Conference)

by Kali - Serenity Hall meeting; Southampton, District 20



This Month's Step, Tradition, and Concept

- Step 9** Made direct amends to such people whenever possible, except when to do so would injure them or others.
- Tradition 9** Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- Concept 9** Good personal leadership at all service levels is a necessity. In the field of world Service the Board of Trustees assumes the primary leadership.

CONTACT US

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