

### Al-Anon Anniversaries

Always Hope AFG, D-20, **Tues., April 24**, 7 pm  
Penn Foundation Recovery Ctr., Sellersville

Live & Let Live, D-5, **Tues., May 1**, 7 pm  
Riverview Presbyterian Church., Drexel Hill

Rockledge AFG, D-3, **Fri., May 11**, 7:30 pm  
Holy Nativity Church, Rockledge

### Meeting Changes

Ken-Rich, D-1, **now meets at 7:30 pm, Fridays**  
Bridesburg Rec. Ctr., Richmond & Ash Sts., Phila.

Honestidad, D-2, **now meets Tues., 7:30 pm**  
Incarnation of Our Lord, 5131 N. 5<sup>th</sup> St., Phila.

Lima Sunday AFG, D-5, **now meets at 7 pm, Sun.**  
**Needs Support!** Lima Methodist Church, Lima

Hope & Serenity, D-20, Fri., 10 am  
Davisville Baptist, Southampton  
**Room change: MOPS rm., basement of church**

Strength & Hope, St. Rose of Lima, D-5  
Tues., 8 pm, **No mtg. Apr. 3**

Saturday Serenity, St. Rose of Lima, D-5, 9 am  
**Apr. 7 & May 12 relocated to Folsom Fire House**

Abington AFG & Alateen, D-3, Sun., 7 pm  
**Parking lot is no longer free**

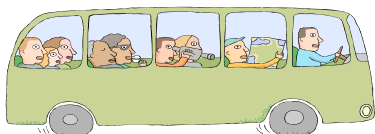
### Business Meetings

AISDV Steering Committee Mtg., April 19, 7:30 pm,  
Conf. Call

AISDV Service Board Mtg., May 17, 7:30 pm  
Reformed Church of the Ascension, Norristown

Area World Serv. Committee Mtg., May 18-20, Bedford

District 4 Group Representative Mtg., May 24, 7:30 pm  
Bryn Mawr Community Center



### New Meetings

**A New Day AFG, D-32, Sun., 6 pm**  
St. Gabriel's Episcopal, E. Rt. 422, Douglassville

**Support and Serenity AFG, D-20, Mon., 8 pm**  
West Swamp Mennonite Church, Rm. 203  
2501 Allentown Rd., Quakertown

**Lunchtime Downtown, D-2, Tues. & Thurs.**  
**1:15 pm**, 1<sup>st</sup> Baptist Church, 17<sup>th</sup> & Sansom

**How Al-Anon Works AFG, D-32, Fri., 8-9 pm**  
St. John's Lutheran, 1035 Old River Rd.  
RR4, Gibraltar

### Districts 4 & 5 Spring Workshop

Sat., April 21, 9 am to 1 pm (Registration 8:30 am)  
Trinity Lutheran Church, Havertown



### District 20 Spring Workshop

Sat., April 21, 9 am to noon, Davisville Baptist  
Southampton

### 40<sup>th</sup> Annual PA AFG Convention

Fri. – Sun., **June 8-10, 2012**

St. Vincent College, Latrobe, PA

Register on-line at [www.aisdv.org](http://www.aisdv.org)

Click on *Calendar* then *PA AFG Conv. Info*

**Deadline: May 15, 2012**

### Catch the Bus to PA AFG Convention!

**Hurry and make your reservation!**

Pickups in Northeast and West Philadelphia

Cost: \$ 75.00

**Deadline: May 1, 2012**

Contact Doris:

215-529-2084

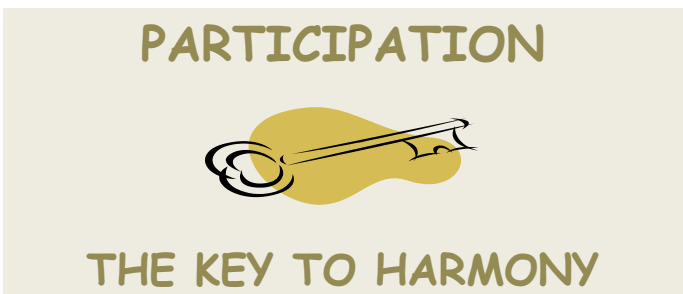
**Al-Anon's Three Legacies - April**  
**Recovery through acceptance of the Steps**  
**Unity through acceptance of the Traditions**  
**Service through acceptance of the Concepts**

**Step Four - Made a searching and fearless moral inventory of ourselves.**

One suggestion we hear in Al-Anon is: Don't take anyone's inventory but your own. This may surprise us if we feel, as many of us have, that all our misery is caused by the actions of the alcoholic. We are eager to justify ourselves, explaining what he or she did that was so shocking, so inexcusable! Then how, we ask, could anyone think we were at fault? Gradually we come to understand that we could have done many things more wisely. Perhaps we have criticized actions that we need not have taken to heart. We brought many troubles on ourselves, we find, by interfering. Finally, we see that we have much inventorying of our own to do. *ODAT p. 295*

**Tradition Four - Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.**

As newcomers, we are often encouraged to attend several different Al-Anon meetings because each meeting has its own atmosphere and its own personality. Meetings differ because each group is free to make many decisions for itself. Tradition Four grants freedom of choice to each individual group over when and where to meet and how to conduct meetings. The only restriction on this freedom is that the well-being of Al-Anon and AA must take precedence over the interests of any one group. As we saw in the First Tradition, our unity is essential to our survival as a fellowship. No group should make decisions that would detract from that unity. *How Al-Anon Works p. 111*



**Concept Four - Participation is the key to harmony.**

We all have an obligation as well as a need to participate. In Al-Anon we are offered a rare privilege to do so. Service expands our world and brings new friends into our lives. It presents us with new experiences and helps us grow immeasurably. Not everyone in the program will serve as a delegate, area chairperson, trustee, or World Service Office (WSO) staff. However, each of us has something unique that we bring to the program. Whether our participation includes setting up chairs, chairing a meeting, attending an area assembly, working on a convention, or being there when a newcomer calls, participation is not only the key to harmony, it is the key to growth and recovery. *Hope For Today p. 271*

**How to submit information to the RAP:**

To submit information to the RAP, please mail it to the address below or fill out the form at <http://aisdv.org/rap.html> to arrive no later than the 20<sup>th</sup> day of the month for insertion into the following month's RAP. The next deadline is April 20, 2012.

**RAP Subscription Order Form**

Order on-line @ <http://aisdv.org/rap.html>  
Make check payable to AISDV. **Mail to RAP, c/o AISDV, 4021 Walnut St., Phila., PA 19104.** Attn. Groups: Please include WSO Group ID No. on check.  
**Check one:** e-mail Monthly Subscription@ \$3/yr. \_\_\_\_\_  
U.S. Mail Monthly Subscriptions: One @ \$12/yr. \_\_\_\_\_;  
five @ \$25/yr. \_\_\_\_\_; ten @ \$40/yr. \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

e-mail Address: \_\_\_\_\_

Date: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

**See message from the WSO on next page!**

## WORLD SERVICE OFFICE NEWS

### *Newly Revised Group Registration/Change Form (GR-1)*

The Group Registration/Update Form (GR-1) has been redesigned and can now be completed on-line and e-mailed to the Area Group Records Coordinator or WSO. One of the main changes is the elimination of the “group focus” field.

“Some relatives and friends of alcoholics find it easier to address their common problems in dealing with the effects of someone else’s drinking with those in similar life situations. These members have formed Al-Anon groups for men, women, parents, adult children of alcoholics, and gays and lesbians. The group may include this designation in its group name with the understanding that, as with all Al-Anon groups, membership remains open to any affected by someone else’s drinking...” *“Naming the Group,” page 32 in the “Groups at Work” section of the 2010-2013 Al-Anon/Alateen Service Manual (P-24/27)*

“Having an appropriate group name is very important because it is included in local and on-line meeting directories and may be a potential member’s first impression of Al-Anon. The group’s name should be inviting to all and reflect Al-Anon principles.” *“Choosing a Group Name,” page 77 of the “Digest of Al-Anon and Alateen Policies” section of the Service Manual*

The form and instructions of how to fill it in are posted on the Al-Anon Members’ Web site [www.al-anon.org/members](http://www.al-anon.org/members) under the “Group Services” tab. ***It is requested that groups use the new form to register new groups or submit changes.*** It can also be downloaded and printed as needed and sent to the Area Group Records Coordinator or directly to the WSO by fax or postal mail.



**Let it begin with me. When anyone anywhere reaches out for help.  
Let the hand of Al-Anon and Alateen always be there.  
And let it begin with me.**