

### Al-Anon Anniversaries

**Easy Does It AFG, D-19, Mon., Dec. 3, 7:30 pm**  
St. Charles Borromeo, Hulmeville Road & Route 13  
Bensalem 19020 - Rescheduled from Sandy

**Saturday Serenity AFG, D-5, Sat., Jan. 26, 9 am**  
**3 F's 10 am, Different Location from Meeting!**  
Ridley United Methodist Church  
Swarthmore & DuPont Aves., Ridley Park

**Speaker Potluck Meeting, Tues. Dec. 18, 7 pm**  
Hope for Today AFG, D-2, Leverington Presby.  
2<sup>nd</sup> Fl., Follow Signs, 6301 Ridge Ave., Roxborough



**4<sup>th</sup> Annual Alateen Winter Workshop**  
**Sat., Dec. 29, 3 - 10 pm**  
**"Sledding Into Serenity"**

St. Mary's Episcopal Church  
Lancaster & Louella Aves., Wayne  
Raffle Baskets & Dessert Donations Welcome!  
For Info e-mail [lizalateen@gmail.com](mailto:lizalateen@gmail.com)



### Meeting Changes

**New Time, New Location - N.E. Women's AFG, D-1**  
**Saturdays, 9:30 to 10:30 am - 2<sup>nd</sup> Fl.**

**Gloria Dei Lutheran Church, same rm. as Tues.**  
Huntingdon Pike and Old Welsh Rd, Bethayres

**New Time, New Location - ODAT AFG, D-32**  
**7:30 pm, Thurs., Church of the Nazarene**  
5<sup>th</sup> & Washington Sts., Royersford

**New Time - Discovering Choices AFG, D-19**  
**7:30 to 8:30 pm, Langhorne Presby. Church**  
125 Gillam Avenue, Langhorne

### Volunteers Needed for Institutions Outreach

**Girard Medical Center, 8<sup>th</sup> St. & Girard Ave., Phila.**  
Sundays, Dec. 2 & 16 from 1 to 2 pm

**Malvern Institute IOP Ctr., (Enter from back)**  
1161 Lancaster Ave., Berwyn 19312  
Saturdays, Dec. 1, 8, 15, 22, 29 - 11:30 am -12 pm

**Mirmont Treatment Ctr., 100 Yearsley Mill Rd.,**  
Lima Saturdays, Dec. 8 & 22 from 1:50 to 3 pm

**See AISDV website calendar to e-mail the**  
**Institutions Coordinator for more information.**

### "God of Our Understanding" Meetings

**Lansdale AFG, D-3, Tues., Dec. 4, 10 am**  
AA & Al-Anon Speakers, Luncheon afterwards  
Trinity Lutheran Church, 1000 Main & Valley Forge,  
Lansdale 19446, Luther Hall Bldg.

**South Philly AFG, D-2, Fri., Dec. 7**  
**3 F's - 7 pm, Meeting - 7:30 pm**  
1605 E. Moyamensing



**Congo Tues. Night AFG, D-32 Dec. 11**  
**3 F's - 7:30 pm, Meeting - 8 pm**  
Shepherd of Hills UCC, 527 Hoffmansville Rd.  
Bechtelsville

**Hatboro AFG, D-20, Fri., Dec. 21, 6 pm**  
**Covered Dish Supper, 6 pm, Meeting 7:30 pm**  
**No Peanuts or Peanut Products Please**  
St. John Lutheran, 505 N. York Road, Hatboro

### Save the Date!

**2013 41<sup>st</sup> Annual AFG PA Convention**  
**Kaleidoscope Recovery in Focus**  
May 31 - June 2, 2013, Susquehanna University  
514 University Avenue, Selinsgrove  
Request Info at [2013paafgconvention@gmail.com](mailto:2013paafgconvention@gmail.com)

### WISDOM FROM THE ROOMS

**If God brought you to it, God will get**  
**you through it!**



## Al-Anon's Three Legacies – December

**Step Twelve – Having had a spiritual awakening as a result of these steps we tried to carry this message to others and to practice these principles in all our affairs.**

*When I was new in the fellowship, I tried to work Step 12 and “carry the message to others” but my words had little meaning. But as I allowed my Higher Power and the principles of the Al-Anon program to guide my journey in life, things began to change. My sharings started to have meaning and contained messages of growth in recovery, as I worked towards having a spiritual awakening. I read that the best way for spiritual progress was through service. I learned that the smallest jobs, like setting up chairs, putting out literature and coming to meetings when I wanted to stay home, were important. I work Step 12 by participating in Al-Anon service so that Al-Anon is there for anyone who reaches out for help. I learned all of this one meeting at a time.*

Joe T., D-5

**Tradition Twelve - Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.**

*I am so thankful that the spiritual foundation of all our traditions is anonymity. The idea that I could go somewhere and learn to be myself - and even have peace during the time of the meeting was such a gift! The Blue Card on the table reminding me that whom I saw here, what I heard here, when I left here, was to stay here, was so comforting to me. It gave me freedom to not only share with others, but to be there for them when they shared. Before Al-Anon, I was judgmental of people. But now, thanks to Tradition Twelve's reminder to place principles above personalities, I am able to love each person as a child of God. Step Twelve reminds me to practice these principles in all my affairs, and in doing so, it helps me work Tradition Twelve, whether I'm at a meeting or living each day in the outside world. With so many personalities in the world, thank God we have this tradition!*

Anonymous, D-7

***Anonymous but not Invisible!***

**Concept Twelve – The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.**

*Concept Twelve suggests that I have a spiritual foundation, which means developing a relationship with a Higher Power I can turn to for acceptance, courage, and wisdom. It also means basing my behavior on spiritual concepts. The General Warranties spell out those spiritual underpinnings. Warranty One: Do I have an operating fund plus ample reserves to conduct my life? Have I allowed myself to become dependent, and thus jeopardize my self-esteem? Do I keep my focus on me, or do I waste it trying to change others?*

*Warranty Two: I have authority over no one but myself. Maintaining an attitude of humility is key to knowing my Higher Power's will for me, as well as getting along with myself and others.*

*Warranty Three: I should widen my view to include the other people in my life and seek their input regarding choices I make that might affect them.*

*Warranty Four: I must let others be themselves rather than trying to change them or even punish them for not living up to my expectations. I need to practice Live and Let Live.*

*Warranty Five: In any group, there is a Higher Power -- a greater conscience -- and I'm not it!*

Lisa N., D-5

**For submissions to RAP for Jan., e-mail or mail to AISDV office by Dec. 20 - [RAP.aisdv@gmail.com](mailto:RAP.aisdv@gmail.com).**

### RAP Subscription Order Form

Order on-line @ <http://aisdv.org/rap.html>

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