

## What's New?

Al-Anon's monthly magazine, **The Forum**, is now available from **Nook.com**, the **Barnes & Noble** electronic book store.

The cost of an annual electronic subscription is \$11. Individual electronic copies are available for \$1.49.

Subscribers will be able to read the electronic version of The Forum on Nook e-readers. With a free Nook app, the magazine will also be accessible on iPads, iPhones, iPod touch handhelds, Android phones (version 2.1 and later), Android tablets, Windows PCs, Mac, and via Web browsers.

Al-Anon does not endorse Nook or any outside enterprise. Although the electronic version of The Forum will be available only from Nook at the current time, Al-Anon may offer the electronic version of The Forum through other e-book vendors at a later date. The Forum continues to be available in hard copy by subscription, directly from Al-Anon's on-line store.



## Positions Available on AISDV Board

At the AISDV Board Meeting in January, the elections took place, and four of the six open positions were filled, the Vice Chairperson, the Secretary, the Assistant Secretary and the RAP Newsletter Coordinator.

That means the following positions are still open:

- **Assistant Treasurer**
- **Archives Coordinator**

Please support carrying the message to those in need by serving on the AISDV Board in one of these positions! For information Email Gabi at [chair@aisdv.org](mailto:chair@aisdv.org)

## SAVE THE DATE

**May 31st - June 1st, 2014**

The PA Al-Anon Convention will be held again at Susquehanna University in Selinsgrove, PA! Theme for this year is: **Many Voices, One Journey!!**

Save the date and make plans with your Al-Anon buddies for this wonderful weekend of recovery!!

## Service Opportunities

**Northeast Philadelphia Women's Prison Speakers Needed - Tuesdays, 7 pm – 8 pm**

Every 1st & 3rd Tues.

For info e-mail [district1dawn@verizon.net](mailto:district1dawn@verizon.net)

## Regional and National Events

**AWSC Meeting**

**January 31- February 2, 2014**

Comfort Suites Carlisle 10 South Hanover St  
Carlisle 17013

**Assembly**

**August 15 - 17, 2014**

Harrisburg Hilton & Towers  
200 Market St Harrisburg 17101

## Al-Anon Anniversary Meeting

**2/17/2014 at 12:00 Noon**

**Monday Afternoon Tension Relievers AFG**

**20th Anniversary Meeting**

St. John's Lutheran Church

505 N. York Road

Hatboro, PA 19040

**Refreshments and Fellowship**

## Service Meetings

**AISDV Steering Committee Mtg Conference Call**

For the AISDV Board, Coordinators and District Reps.  
Thursday, February 20th at 7:30 pm

## February's Step, Tradition and Concept

### Step 2

**Came to believe that a power greater than ourselves could restore us to sanity.**



When I came into the program, I was living with active alcoholism. Step Two was a lifeline that saved me from my own insanity. It taught me to be able to rely on something other than myself. I've heard it said that when looking at an alcoholic relationship from the outside, it's the non-drinking person that looks like the crazy one. That was absolutely me.

Today, I know that if I need some reeling in from my life being unmanageable, I need only turn to my Higher Power.

~Eileen W

### Tradition 2

**For our group purpose, there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants - they do not govern.**



I am bossy by nature. This defect of character has rarely served me well. What a relief to come to Al-Anon, where there are no bosses! I can remove my cloak of perceived superiority and just blend in, making healing possible. For the first time in my life, I am able to see that my Higher Power is always here, providing and guiding - I am not responsible for controlling anyone else, and nobody else is responsible for controlling me! I can sit, as an equal, and humbly accept my place in this incredible organization. I can join in service when I am ready, not as the boss, but as a willing helper. Our leaders, at the group level right on up to the World Service, are still servants rather than bosses. Even they are not in charge. We are all in this together for the same reason. I have learned that my way is not the only way and that I can learn from others' experience, strength, and hope. My way had not brought me peace, and I yearned for peace. Al-Anon has finally provided that peace.

~Marianne G

### Concept 2

**The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.**



Imagine you as an individual trying to get literature to every group, or a meeting list of every group. The task would be beyond daunting. This is where our Concept Two comes into play. The administrative and operations offices of Al-Anon are a central core. They house the information. Think of them as our CPU (Central Processing Unit). We feed them information and they store it and provide answers when needed.

Where does the information come from?

The information can come from a variety of sources; Al-Anon and Alateen Family groups, Districts, Areas and World Service, etc. We at the group level elect to send someone to District to voice the groups concerns. Again could you imagine if every member went to District while it would wonderful for all of us to be in one place together the logistics and amount of time to get anything done would be overwhelming?

The people we send to represent us at any level are our trusted servants. We trust our representatives to carry the message. We send them with our thoughts, wishes and prayers. As Tradition Two states "For our group purpose there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are trusted servants; they do not govern." That being said no one person can handle this alone as we can not work the program alone. We need to delegate certain items; as individuals we have sponsors and Al-Anon friends to call on in good and bad times. The groups have people who we elect to chair, take notes and keep the records of our funds.

This continues throughout the service structure of Al-Anon. We are grateful to have this service structure in place so we as individuals can concentrate on our own recovery and spread the message of recovery for this we are responsible

~Michelle S