

AISDV Spring Luncheon

Sunday, May 6, 12:30 to 4:30 pm

Fisher's Tudor House, 1858 Street Road, Bensalem
For Info Call Lorrie at 215-442-9792

Al-Anon Anniversaries

Always Hope AFG, D-20, Tues., April 24, 7 pm

Penn Foundation Recovery Ctr., Sellersville

Live & Let Live, D-5, Tues., May 1, 7 pm

Riverview Presbyterian Church, Drexel Hill

Rockledge AFG, D-3, Fri., May 11, 7:30 pm

Holy Nativity Church, Rockledge

N.E. Women's AFG, D-1, Sat., May 12, 11:30 am

Mother's Day Brunch, Memorial Church of St. Luke
Parish Hall, 1946 Welsh Rd., Phila.

Sunday Nighters AFG, D-1, May 20, 5pm

Grace Episc, 224 E. Gowen Ave, Mount Airy

Tuesday Morning Serenity, May 22, 10 am

St. Andrew's UM Church, 999 York Rd, Warminster

Hope for Today AFG, Tues., May 22, 7:00 pm

Leverington Presby. Church, 6301 Ridge Ave., Phila.
PARKING AVAILABLE / Bus Lines 9, 27, 35

Far N.E. AFG, Sun., June 3, 7:30 pm

Candlelight Mtg., Our Lady of Calvary Church
Lower Church, 11024 Knights Road, Phila.

Bensalem Men AFG, D-19, All Are Welcome

Mon. June 25, 7:30 pm, Livengrin
833 Hulmeville Rd., Bensalem

Cinco de Mayo dance



Dublin Lutheran Church, D-3, May 5, 7 to 11 pm

411 Susquehanna Rd., Ambler

Needed: Volunteers to help and bring food.

Business Meetings

AISDV Service Board Mtg., May 17, 7:30 pm

Reformed Church of the Ascension, Norristown

Area World Serv. Committee Mtg., May 18-20, Bedford

District 2 Group Representative Mtg., May 24, 7 pm

AA Clubhouse, 4021 Walnut Street, Philadelphia

District 4 Group Representative Mtg., May 24, 7:30 pm

Bryn Mawr Community Center

District 32 Group Representative Mtg., June 2, 10 am

St John's United Church-Christ, 315 Gay Street
Phoenixville



New Meetings

Support and Serenity AFG, D-20, Mon., 8 pm

West Swamp Mennonite Church, Rm. 203
2501 Allentown Rd., Quakertown

Lunchtime Downtown, D-2, Tues. & Thurs.

1:15 pm, 1st Baptist Church, 17th & Sansom

40th Annual PA AFG Convention

Fri. – Sun., **June 8-10, 2012**

St. Vincent College, Latrobe, PA

Register on-line at www.aisdv.org

Click on *Calendar* then *PA AFG Conv. Info*

Deadline: May 15, 2012

Catch the Bus to PA AFG Convention!

Hurry and make your reservation!

Pickups in Northeast and West Philadelphia

Cost: \$ 75.00

Deadline: May 1, 2012

Contact Doris:

215-529-2084

Al-Anon's Three Legacies ~ May
Recovery through acceptance of the Steps
Unity through acceptance of the Traditions
Service through acceptance of the Concepts

Sharings Submitted by Al-Anon Members in District 5

Step Five – Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

What a freeing experience! Speaking to God without embarrassment or shame was a truly intimate example of positive communication. Admitting to ourselves and to trust and confide in another person was an honest experience of humility. The gift of this step for me is peace, love, and joy!

Jean U.

Tradition Five – Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the 12 Steps of AA OURSELVES, by encouraging and understanding our alcoholic relatives, and giving comfort to families of alcoholics.

Tradition Five states the fellowship's purpose, which is to support and give comfort to the family and friends of alcoholics. We help one another by practicing the twelve steps of AA, and in doing so we pass along the gift of serenity. We learn to open our hearts and our minds to the people who have been affected by alcoholism. This tradition has helped me to become compassionate towards the alcoholics and their families. I have learned through the 12 Steps to look within myself instead of judging others; it is about my recovery from the effects of someone else's drinking. I seek to forgive myself and others with the support of the program and my Higher Power. My primary purpose is to put my recovery first, and when I do this I am practicing the principals of the Al -Anon program and Tradition Five.

Chris N.



Concept Five – The Rights of Appeal and Petition protect minorities and insure that they be heard.

What a concept! I don't have to have the same opinion as everyone else. If I do have a different opinion, I am free to express it. I am expected to express it. This concept holds at all levels of service, from WSO and Area Assemblies down to our group business meetings. Perhaps, as I exercise the right to express my own opinions in the safety of Al-Anon, I will also learn how to express them in family and work situations AND I might even learn how to extend this courtesy to those whose opinions differ from my own.

Rosalie S.

Fellowship :^)

How to submit information to the RAP:

Mail to 4021 Walnut Street address or fill out the form at <http://aisdv.org/rap.html> to arrive no later than the 20th day of the month for insertion into the following month's RAP. The next deadline is May 20, 2012.

RAP Subscription Order Form

Order on-line @ <http://aisdv.org/rap.html>

Make check payable to AISDV. **Mail to RAP, c/o AISDV, 4021 Walnut St., Phila., PA 19104.** Attn. Groups: Please include WSO Group ID No. on check.

Check one: e-mail Monthly Subscription @ \$3/yr. _____
U.S. Mail Monthly Subscriptions: One @ \$12/yr. _____;
five @ \$25/yr. _____; ten @ \$40/yr. _____

Name: _____

Group Name: _____

Address: _____

City: _____

State: _____ Zip: _____

e-mail Address: _____