

THE RAP
Reaching Al-Anon People
Al-Anon Information Service of the Delaware Valley
November 2011

Announcements & Anniversaries

**Nov. 4th – New Meeting Friday 6:30 pm
at First Presbyterian Church of Springfield,
Cascade and Summit, Springfield PA 19064**

**Nov. 5th – D-7 Workshop, 8:30-2pm at
Westminster Presbyterian Church, 10 West
Pleasant Grove Rd, Westchester, PA 19382**

**Nov. 17th – A.I.S.D.V. Election @ the Service
Board Meeting, please see attached flyer**

**Dec. 16th – South Philadelphia AFG Candlelight
Meeting – God as we understand Him 7:30 pm
1605 E. Moyamensing Ave. 19148**

**Step Eleven – Sought through prayer and
meditation to improve our conscious contact
with God as we understood Him, praying only
for knowledge of His will for us and the power
to carry that out.**

This gives me the assurance that my conscious contact with Him depends entirely on me, on my desire for it. This great power is mine, constantly near and available for me to use. I will remind myself every day how much depends on my being aware of God's influence in my life. I will accept His help in everything I do. Without such surrender to a superior wisdom, my life would be at the mercy of forces I cannot control. Meditation will bring me closer to God and to the divine qualities in my fellowmen who are also His children. Prayer will turn my thoughts away from my problems. As I meditate and pray, I am letting go of them and learning that their solution does not depend on me alone.

"God is present in all His creatures, but all are not equally aware of His presence."

From – "One Day at a Time, page 312"

Tradition Eleven –

Our public relations is based on attraction rather than promotion; we need always maintain personal anonymity at the level of

press, radio, films, and TV. We need guard with special care the anonymity of all AA members.

For me, this Tradition promotes a feeling of safety for all of us and our loved ones. I appreciate knowing that we are not supposed to talk about others outside of our meetings. In the world we live in, it seems as though nothing is sacred; everything can be heard on the news or read in the paper. I have often felt bad for members who are actors or other well-known personalities. It is difficult enough as it is to bare one's soul without the fear others will be saying things like, "Hey, you know you should come to my meeting, so and so is there, etc." I have learned to be more aware of others' privacy and respect it at all time.

From – "The Forum Nov. 2011 page 33

Concept Eleven – The World Service Office is composed of selected committees, executives and staff members.

While the Trustees hold final responsibility for Al-Anon's world service administration, they should always have the assistance of the best possible standing committees, executives, staff and consultants. This means careful consideration of these committees, the personal qualifications of their members, the manner of their induction into service, the way in which they relate to each other, the special rights and duties of our executives, staff and consultants, together with a proper basis for the financial compensation of our special workers.

From – "Al-Anon Twelve Concepts of Service, P-26, page 26/27"

**Let It Begin with Me,
When anyone, anywhere, reaches out for help,
Let the hands of Al-Anon and Alateen always be
there, and let it begin with me.**

[Type text]

A.I.S.D.V. Committee News

Special Events Committee Chair- Gabi R

The Special Events Committee had a fall luncheon for the AISDV fundraiser.

Dear Al-Anon Family,

My name is Gabi I am the Co-Chair of AISDV and was the Chairperson of the Fall Luncheon. I want to THANK EVERYONE who attended the WODERFUL Day. We had 72 people attend the luncheon held at Fisher’s Tudor House in Bensalem on October 30, 2011. I’d also like to thank all the groups that donated gifts and baskets. They were absolutely beautiful and greatly appreciated. Thank you to the lovely committee members who graciously gave of themselves to help make our day a success.

Luv in Service,
Hugs, Gabi

AISDV Open Positions/Elections

We really need your help to fill these service positions. Included is a list of Al-Anon positions available. Please remember, you don’t have to do anything alone in Al-Anon.

Alternate District Representatives are members of the Steering Committee with a voice and a vote at all steering committee meetings. Please attend these meetings or send a representative. Thank you.

A.I.S.D.V Meeting Dates

Service Board Meeting - 11/17/11 – 7:30 pm at the Reform Church of the Ascension – 1700 West Main Street – Norristown, PA 19403
There is No meeting in December 2011. See you all in January 2012.

AISDV Steering Committee Members

Chairperson	Liz K
Vice Chairperson	Gabrielle R
Secretary	Nicole W
Asst. Secretary	Mary Ann
Treasurer	Claudine C
Asst. Treasurer	Elisa D
Alateen Coordinator	Open
Public Outreach	Open

Institutions Coordinator	Tonya R
Liaison	Kim H
RAP Coordinator	Carla F
Office Coordinator	Mary Eliz A
Directory Coordinator	Joe T
Telephone Coordinator	Frances G
Archives Coordinator	Susan A
Website Coordinator	Maria

How to submit information to the RAP

To submit information to the RAP, please mail it to arrive no later than the 25th day of the month for insertion into the following month’s RAP. The next deadline is November 25th, 2011. Please mail to: Carla Forrest – 4021 Walnut Street, Street Philadelphia, PA 19104 or email to: therap000@gmail.com

How to subscribe to the RAP

Make check (payable to AISDV) and mail it with form below to: Carla Forrest – 4021 Walnut Street, Philadelphia, PA 19104

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\$40.00 per year (10 copies a month)

Mailing Address

The RAP is Free at www.aisdv.org

Easy does it, one day at a time, live and let live!