

THE RAP

Anon Information Service of the Delaware Valley

September 2011

Anniversaries & Announcements

Sept. 23rd – Friday Night South Philly AFG, 51st Anniversary, 7pm - 1605 E. Moyamensing Street
Sept. 24th – Parkside AFG 52nd Anniversary, 7:30 pm, 48th & Baltimore Ave (see flyer)
Oct. 1st – **TEAM EVENT** – 8:30am-4:35pm - \$25.00, **Registration deadline Sept. 16th** – (see flyers)
Oct. 1st – Downtown Lunch Time AFG – 27th Anniversary, 6:30 pm –at First Baptist Church – 17th & Sansom Street
Oct. 21st – North Philly AFG 42nd Anniversary, 7:30 pm Broad & Diamond Street – (see flyer)

Step Nine - Made direct amends to such people whenever possible, except when to do so would injure them or others.

What is to be done with the list of those we have harmed, as suggested in the Eighth Step? The Ninth suggests we make amends, “wherever possible, except when to do so would injure them or others.” *Prudent and honest self-searching will be necessary.* A casual apology, for example, is rarely enough to get rid of guilt for damaging criticism. It may, indeed, reopen an old wound. A change of attitude can do much more to make up for past unkindness. If I have deprived anyone of any material things, I will acknowledge the debt and pay it in full. Rifts between me and my relatives or former friends can often be healed by swallowing my pride and making the first overtures toward reconciliation. Even if only a little of the blame was mine, the generous gesture will benefit me. Step Nine, taken with care and prudent judgment, will relieve me of a burden I have no need to carry.

From, “One Day At A Time (ODAT) page 175”

Tradition Nine – Our groups, as such, ought never be organized; but we may create service boards or committee directly responsible to those they serve. When I first started in Alateen I thought the Group Representative, Treasurer, and members of the steering committee were the people in charge. I thought they had all the power. I knew there was something different about them and I just assumed it was power. It wasn't until after I was elected Treasurer that I realized what was really going on. The officers didn't have authority or power that made them so different. They just happened to be happy. Even after they stopped being officers, they were still happy.

From “Courage To Be Me, page 243”

Concept Nine – Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

In Al-Anon we learn we can take charge of our lives. We are the leaders of ourselves. Even if we have never been elected to a committee or office, the qualities of leadership are important for us. Concept Nine defines those qualities as responsibility, tolerance, stability, flexibility, judgment, and vision. They are inherent in all of us and are brought to full strength as we practice the Al-Anon program. When they are part of our thoughts and actions, they produce a resolute, satisfying life. When applied in our service structure, they generate a caring and selfless spirit.

If we act responsibly, we inspire confidence. Our family, friends, and co-workers respect us. Being responsible includes being motivated by principles, never passing the buck, and setting an example that inspires others to follow. Using qualities in our personal lives enriches us. In service, Group and District Representatives and Delegates exhibit these characteristics in fulfilling their roles as the primary representatives of Al-Anon's group conscience.

When selecting them, and all service workers, members have a **responsibility to evaluate these leadership traits in the candidates. Since each member in service is a world servant, not a popularity contest winner, there is no room for personal ambition or self-glorification.**

Step ten asks us to continually take a personal inventory. In that spirit, **Concept Nine declares we must constantly review the special skills and characteristics that make good service leaders, “especially for our Board of Trustees,”** in order to fulfill the goal of our fellowship – to bring Al-Anon's message of hope to all who can benefit from it.

From, “The Concepts – page 21.”

“The beginning of love is to let those we love be perfectly themselves and not to twist them to fit our own image.”

From “Courage to Change – page 244”

Live and let live

A.I.S.D.V. Committee News

We invite you to come and join us at the TEAM EVENT October 1, 2011. The AISDV is hosting this event and appreciate your support.

Alateen Coordinator – Peter M

We are always in need for Alateen Sponsors. **Every Adult involved in Alateen Service must be an Al-Anon member regularly attending Al-Anon meetings. AA members who are also Al-Anon members are cleared and can be AMIAS. At NOMAAC, AA speakers who are not Al-Anon members are not put on security duty and this is the only time that they might be alone with an Alateen member.**

Special Events Committee

The committee is planning a fall fundraiser dinner. More information will be available soon. Gabi R is the Chairperson.

Steering Committee Open Positions

A.I.S.D.V. has three positions that need to be filled. The only requirement is that you have been attending Al-Anon Meetings for one year and you cannot be a Double Winner.

**Public Outreach Coordinator
Alateen Coordinator**

Alternate District Representatives are members of the Steering Committee with a voice and a vote at all steering committee meetings. Please attend these meetings or send a representative. Thank you.

A.I.S.D.V Meeting Dates

Service Board Meeting - 09/15/11 – 7:30 pm at the Reform Church of the Ascension – 1700 West Main Street – Norristown, PA 19403

Steering Committee Meeting – 10/20/11 – 7:30 pm at the Reform Church of the Ascension, 1700 West Main Street – Norristown , PA 19403

AISDV Steering Committee Members

Chairperson	Liz K
Vice Chairperson	Gabrielle R
Secretary	Nicole W
Asst. Secretary	Mary Ann
Treasurer	Claudine C
Asst. Treasurer	Elisa D
Alateen Coordinator	Open
Public Outreach	Open
Institutions Coordinator	Tonya R

Liaison	Kim H
RAP Coordinator	Carla F
Office Coordinator	Mary Eliz A
Directory Coordinator	Joe T
Telephone Coordinator	Frances G
Archives Coordinator	Susan A
Website Coordinator	Maria

How to submit information to the RAP

To submit information to the RAP, please mail it to arrive no later than the 25th day of the month for insertion into the following month’s RAP. The next deadline is September 25th, 2011. Please mail to: Carla Forrest - 5826 Arch Street – Philadelphia, PA 19139 or email to: therap000@gmail.com

How to subscribe to the RAP

Make check (payable to AISDV) and mail it with form below to: Carla Forrest – 5826 Arch Street Philadelphia, PA 19139

Choose Subscription
\$12.00 per year (1copy a month) Snail mail
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Individual _____

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\$25.00 per year (5 copies a month)
\$40.00 per year (10 copies a month)

Mailing Address

The Three C’s

Active alcoholics are people who drink. They don’t drink because of you or me, but because they are alcoholics. No matter what I do, will change this fact. I didn’t cause alcoholism. I can’t control it. And I can’t cure it.

Let It Begin with Me
When anyone, anywhere, reaches out for help,
Let the hand of Al-Anon and Alateen
Always be there, and **Let It Begin with Me.**