

Al-Anon Anniversary Meetings

Just for Today AFG, D-19 , Wed., Sept. 18, 7 pm
Salem United Church of Christ, 186 E. Court St
Doylestown 18901

**Buckingham Step AFG, D-20 , Thurs., Sept. 19
9 am**, Family of God Lutheran, 4770 US 202
Buckingham 18901

G.O.D. AFG, D-19, Thurs., Sept. 19, 7 pm
St. Davids Lutheran, 9169 Academy Rd.
Phila. 19114

South Phila. AFG, D-2, Fri., Sept 20, 7 pm
AA Clubhouse, 1605 E. Moyamensing Ave.
Phila. 19148

**Parkside AFG, D-2, Sat., Sept. 21, 3:30 pm 3-F's
4:30-6:30 pm mtg.**, Calvary UM Church
48th St and Baltimore Ave, Phila. 19143

Abington AFG, D-3 , Sun., Sept. 22, 6:30 pm
Abington Hospital, 1200 Old York Rd.
Abington 19001

Friday Night AFG, D-3 , Fri., Sept. 27, 7 pm
St Johns United Church of Christ
500 W. Main St., Lansdale 19446



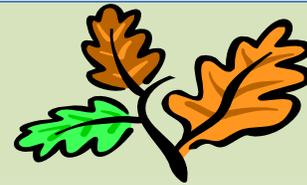
District 19 Picnic – Noon, Sun., Sept. 15
Al-Anon, AA, Alateen Speakers
Core Creek Park, Pavilion 8, Bridgetown Pike
Langhorne 19047

Business Meeting

AISDV Service Board Mtg., Sept. 19, 7:30 pm
For Information Service Reps (ISRs) & the AISDV
Board, Reformed Church of the Ascension
1700 West Main Street, Norristown 19403
E-mail secretary@aisdv.org for details.

**Blue Moon AA Breakfast (with Al-Anon
Participation) is cancelled until further notice.**

The RAP AISDV 4021 Walnut Street Philadelphia, PA 19104 215-222-5244 www.aisdv.org



AISDV FALL DINNER DANCE

Sat., October 12, 6 to 11 pm, Tickets \$30

Cannstatter's

9130 Academy Rd., Phila. 19114
Register on-line at whoscoming.com/aisdv
or call Lorrie at 215-442-9792

District 29 – 12-Step Study Weekend October 18-20 at The Country House Retreat Ctr.

45 Country Place Lane, White Haven, PA 18661
\$240 –Quad.; \$290 double; \$345 single room

Registration Deadline 9/6/13

e-mail EvieT@ptd.net or call 570-460-5658

(Attendance will be limited to 30 people)

Meeting Changes

Location Change: Greys Ferry AFG, D-2, Wed.
7:30 pm, House across from St. Gabriel's
1439 South 29th Street, Phila. 19146

Closed Down: *New Britain AFG, Wed., 10 am*
Women's Recovery Community Center
25 Beulah Rd., New Britain

Literature for Sale

The AISDV now has a limited amount of literature
available for sale. Please contact the Office
Coordinator, Claudine C. at (215) 339-0744 to
place your order.

Service Opportunities

Contact institutions@aisdv.org.

Girard Medical Center, 8th St. & Girard Ave., Phila.
Sundays, Sept. 1 and 15 from 1 to 2 pm

Malvern Institute IOP Ctr., (Enter from back)
1161 Lancaster Ave., Berwyn
Sat., Sept. 7, 14, 21, 28 from 11:30 am -12 pm

Mirmont Treatment Ctr., 100 Yearsley Mill Rd.
Lima, Sat., Sept. 14 and 28, from 1:50 to 3 pm

For submissions to RAP for October, e-mail rap@aisdv.org or mail to AISDV office by Sept 20.

Al-Anon's Three Legacies – September

Step Nine – Made direct amends to such people whenever possible, except when to do so would injure them or others.

There is so much to consider in the Ninth Step. What are **direct** amends? Is it possible to make amends to this person? Could the amends potentially injure them or others? I could easily get overwhelmed by all the what-if's in this Step and give up out of frustration. However, like everything in Al-Anon, I am slowly learning to take the Ninth Step one piece at a time, and keep the focus on myself.

Lately, I have felt that the most important part of the Ninth Step is not written in the Step. It is in the intention. I have found that I have to make amends to others, but for my benefit. In considering this, I must ask myself how I can directly do it, and whether or not I believe it has the potential to injure them. But beyond that, I need not consider their reaction.

For example, I recently made an amends to a dear friend of mine whom I had harmed while in the thick of my disease. Her reaction was nil. She didn't accept it and embrace me with open arms, but she also didn't push me away for trying. I walked away from the act of making the amends a little confused as to whether or not she "got" it...whether she understood what I had been trying to do. But in the days and weeks that followed, I watched as she opened up to me and began to trust me again. So now, every time I see her, I am grateful I made the amends.

Anonymous

Tradition Nine – Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

We speak of Al-Anon as a fellowship, indicating that each member is equal to every other. It is not an organization, for that would mean that individuals, committees, etc. would have authority to make rules and enforce them. There is no such thing in Al-Anon.

However, in order for the fellowship to function, there must be assignments of responsibility for necessary services. Certain members (Trusted Servants) serve in positions in a group and are responsible to its members. There are positions at the District Level and in some areas of Information Service. The positions are rotated, open to members in turn. The World Service Office (WSO) is the hub of Al-Anon through which information and problems clear, to and from the groups all over the world.

Every one of us in service in Al-Anon is a trusted servant, but we do not govern. In our homes, we can learn from Tradition

Nine by rotating chores. Make a list every week, and ask family members to write down which responsibility they would like to do. In doing so, everyone works together to get the work done without having to do the same things all the time. As you can see, Al-Anon's Tradition 9 not only works in the groups, but it helps us to take a look at how we can use it in our homes.

Anonymous

Concept Nine: Good personal leadership at all service levels is a necessity.

I have never thought of myself as a good leader. I much prefer to be second-in-command, following someone else's lead and avoiding the responsibility of how a situation turns out. However, when I became a single parent and simultaneously the primary caregiver for my ailing parents, I realized the buck stopped with me.

One of the first things I decided was that, to be a successful leader, I had to do a certain amount of thinking ahead. In the past I would often procrastinate, which led to problems whenever one of my parents went into the hospital. Then I would have to assume some of their responsibilities, as well as catch up on my own.

Besides staying on top of things, I had to be willing to make mistakes when planning. As Bill W. put it, "We shall often miscalculate the future... but that is better than to refuse to think about it at all." ("Leadership," A. A. Grapevine, 1959).

Finally, I had to toughen up. Being a leader sometimes means making unpopular decisions and even standing alone. Taking a stand with my children strengthened me to fight for my principles later in life.

By accepting the leadership role God has given me, I grew in self-respect and self-esteem. I wouldn't have it any other way!

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