



Want to Receive **THE RAP** via E-Mail???



Contribute to the RAP



Roughly 1-5 paragraphs by the 21st
of the Month for the next issue

Send submissions to rap@aisdv.org or
The RAP c/o AISDV
4021 Walnut St Philadelphia, PA 19104

Sharings are welcome on the Step,
Tradition or Concept of the Month or
any other Al-Anon related topic.

Text Your Name, E-Mail Address,
Group Name and Phone Number
to 267-535-0945
or E-Mail it to rap@aisdv.org

*Last initial, phone number and
group name are optional.

Want to Learn About
Anniversaries, Service
Opportunities and Special Events
Going on in your Area???



Go to: <http://aisdv.org>
and click on **Calendar**

or Click on **Announcements** then on
Sign Up for AISDV announcements
Al-Anon Information Service of the Delaware Valley



Please pass around during your meeting or
post in a prominent location.