

### THE VOTE!

On September 18, 2014, a vote was taken at the AISDV Meeting on the motion that was made to allow Dual Members to serve at the AISDV in any position for which they could fulfill their duties.

After the vote, *the Motion did not pass.*

### Workshop

#### **Interim Service Seminar South East Sector of Pennsylvania Workshop**

Saturday, October 18, 2014 7:30am-3:30pm  
Trinity Lutheran Church  
1141 Westchester Pike  
Havertown, PA 19083

### Fall Dance

#### **AISDV Fall Dinner Dance Fundraiser**

The 2014 AISDV Fall Dinner Dance will be held on Saturday, 11/8/14 at 6 pm - 11 pm at:

First District Plaza  
Grand Ballroom  
3801 Market Street  
Philadelphia, PA 19104

\$39/per person includes:  
Your choice of Herbed  
Chicken or Broiled  
Tilapia, Beverages and  
Dessert!

Free Parking!

3 Speakers!

DJ: T-Tyme Entertainment & Dancing!

Raffles!

50/50!

Door Prizes!

Registration Deadline is 10/31/14 -  
No tickets will be sold at the door!



Click on the link below to see the flyer:

<http://aisdv.org/flyers/2014DinnerDance.pdf>

### Al-Anon Anniversary Meetings

#### **Willow Grove Al-Anon Family Group 1st Year Anniversary**

Thursday, Oct 2, 2014 6PM  
Malvern Institute  
240 Fitzwatertown Rd  
Willow Grove 19090

#### **Glenside-Willow Grove AFG 55th Anniversary**

Monday, Oct 6, 2014 7PM  
St. Peter Episcopal Church  
654 North Easton Rd  
Glenside 19038

#### **Focus on Recovery Al-Anon 10 year Anniversary Celebration**

Tuesday, Oct 14, 2014 11AM  
Lima Methodist Church  
209 Middletown Rd  
Lima 19037

#### **West Philadelphia Al-Anon's 21st Anniversary**

Monday, Oct 20, 2014 7PM  
Clubhouse  
4021 Walnut Street  
Philadelphia 19104

#### **Hatboro Friday Night AFG Anniversary**

Friday, Oct 24, 2014 6:30PM  
St. John Lutheran Church  
505 North York Road  
Hatboro 19040

#### **Flourtown AFG**

Saturday, Oct 25, 2014 12:30AM  
St. Paul's UCC  
440 Bethlehem Pike  
Fort Washington 19034

#### **Discovering Choices Fall Workshop for District 7**

Saturday, Oct 25, 2014 8AM  
Westminster Presbyterian Church  
10 W Pleasant Grove Rd  
West Chester 19382

# October's Step, Tradition and Concept

## Step 10

**Continued to take personal inventory and when we were wrong promptly admitted it.**



Sometimes the healthiest thing I can do for myself is to admit that I'm not perfect. I am human. I make mistakes.

But it isn't always easy to admit this to someone else, especially when my mistake affects them. Pretending that something never happened, or that it doesn't matter, or justifying the action seems so much more inviting to me. But there is a price to pay if I refuse to own up when I've been wrong - guilt.

For years I dragged guilt behind me like a heavy duffel bag. Al-Anon offers me an alternative - the Tenth Step. I continue taking personal inventory and when I'm wrong, I promptly admit it. When I admit the error, I take responsibility for my actions. I free myself from the burden of an embarrassing secret, and I move closer to accepting my imperfection. It becomes much easier to love myself if I accept myself as I truly am, mistakes and all.

### *Today's reminder*

Today I will have the courage to look the truth in the face, admit my errors and achievements, appreciate my growth, and make amends where I have done harm.

"I care about truth not for truth's sake but for my own."

~ Samuel Butler

(From Courage to Change Page 144)

## Tradition 10

**The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.**



Thanks to Al-Anon's traditions, I am able to have a sponsor whose politics are abhorrent to me. Although we totally disagree on other issues, this person has helped me learn valuable lessons about serenity, courage, and wisdom. If I had insisted on a sponsor with political views exactly like my own, I would have missed out on an extraordinarily rich and beneficial relationship.

I think that the spirit of the Tenth Tradition has made this possible. It states that "The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy." At the group level, this means that I can go to a meeting and know that I won't be recruited for any particular cause. As a group, we have a single purpose - to support one another as we recover from the effects of alcoholism. But on a personal level, this Tradition allows me to establish a valuable relationship with a person who, under less supportive conditions, I might have been hard pressed to treat with civility.

### *Today's reminder*

Today I can be more tolerant of other views as I learn to take what I like and leave the rest. I don't have to let outside issues distract me from my primary spiritual goal. I'll keep the doors open, for I never know where I might find help.

"Within the fellowship, the one thing that has brought us together must remain our sole concern."

~ Al-Anon's Twelve Steps & Twelve Traditions

(From Courage to Change Page 52)

## Concept 10

**Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.**



When I was a child and asked my mother for permission to do something, she often said, "Ask your father." My father would say, "Ask your mother." My older sisters acted more like parents than my mother and father did, often assuming the duties left unattended. Responsibility and authority were all mixed up in my family. I never really knew who was in charge and I constantly felt confused.

How refreshing it was when I came to Al-Anon and found a group of people whose behavior didn't echo the confusion from my childhood. Different members of my home group signed up on a monthly basis to chair the meeting, put out literature, provide refreshments, and perform other duties. Other members served as elected officers, such as group representative and treasurer. Each role and its responsibilities were clearly defined, and each trusted servant had the authority to carry out his or her job. If there were any problems, the group always had a specific person to consult, depending on the nature of the obligation. That way, conflicts were resolved in an organized, simplified manner. In other words, rarely was there any chaos. Imagine that!

I didn't realize it at the time, but my group was practicing Concept Ten: "Service responsibility is balanced by carefully defined service authority and double-headed management is avoided." Everyone knew who was answerable for what. No one tried to do anyone else's job, and all the work got done when it needed to be done. Clear, concise boundaries - and the right to work within them - made this possible.

### *Thought for the Day*

If I made a list of the things I need to do - and want to do - today, how many entries would be my responsibility and how many would belong to others?

"In practicing Concept Ten, we set clear goals and trust each other to accomplish them." ~ Paths to Recovery, p. 311

(From Hope for Today, page 300)