



## District 19 Winter Workshop

# Holiday Survival Kit

Virtual Event via ZOOM

Saturday December 5<sup>th</sup>

9:00 am until 12:30 pm

sign on starts at 8:30

Meeting ID: 840 7891 1216

Password: 544033

Join us as we unpack our survival kit. Rediscover the essential Al-anon tools that not only help us survive but to thrive.

### Three Fabulous workshops and Speakers

Managing Expectations- Sherri T- Lawrenceville,N.J.

The Journey from Acceptance to Surrender-Michelle M.-Southhampton.PA

Moving from Surviving to Thriving-Stephanie B.-Granite Shoals TX

**Registration cost: No charge, but since this is an annual fund-raising event, you can make donations either by:**

*Electronic Donation link will be provided during the meeting*

*If you prefer to send a check donation: Please make check payable and mail to our treasurer:*

*Bonnijean Fry*

*15 Oxford Dr.*

*Langhorne PA.19047*

*For questions you may have about the day, please email: [DR19@pa-al-anon.org](mailto:DR19@pa-al-anon.org)*

*For log on problems the day of the event, please text 609-955-4496*